



Term 3 Sport Selections 2019

Term 2 sport selections will take place on Friday the 25th of July during periods 4 and 5. The table below is an outline of the sports being offered and each sports requirements and costs. Please discuss your selections with your child/parents/ guardians before committing to a sport. Remember you may not get your first choice so have a backup sport ready in case you miss out on your first preference this time.

Please note all year 7 students take part in a school based sport program during terms 1, 2 and 3 and will not select a sport until the beginning of term 4. This is to develop their skills and knowledge in various sports before joining the rest of the school sport program.

SPORT	DESCRIPTION	COST PER WEEK
Field games	Walk to/from Toormina Oval- Soccer, Frisbee,Vortex, T-ball, Cricket etc	FREE
Oztag	Walk to/from Toormina Oval- Oztag	FREE
Theatre Sports	At school- Action packed drama based games.	FREE
Chess/ Board games/ Walking	At school- Walking followed by a range of board games and card games	FREE
Gym Activities	Bus to/from Coffs Coast Health Club- The use of cardio equipment and weights. Must bring own towel.	\$12
Spring loaded	Bus to/from Coffs Health Club (spring loaded). Gymnastics and trampoline activities	\$12
Ice Skating	Bus to/from The Big Banana- Ice skating - beginners' welcome- training frames available (no extra charge). Students should wear long pants for protection.	\$12
Ten Pin Bowling	Bus to/from Coffs Harbour Ten Pin Centre – Students participate in Ten Pin Bowling	\$14
Ninja Warrior	Bus to/from New Breed Fitness- Students participate in a range of strength, flexibility and endurance activities, challenge obstacles and work on free running technique.	\$10
Futsal (indoor soccer)	Bus to/from Futsal Centre- Students play indoor soccer/ futsal.	\$8
Laser tag/Mini Golf	Bus to/from The Big Banana- Alternating between Laser tag and Mini golf at the Big Banana.	\$14
Walking/ Beach Games	Bus to/ from Jetty/ sawtell beach. Beach walking and various beach sports and activities. No swimming allowed	\$4
Tennis	Bus to/from Sawtell Tennis Club – Students participate in group Coaching and Activities under instruction from Qualified ATA Coaches. Own Tennis Racquet preferred but can be borrowed if necessary.	\$9
Netball	Bus to/ from Coffs Harbour netball courts. Students play netball and may get the opportunity to compete against other schools	\$6