

NEWS LETTER

Safe Respectful Learners

TERM 4 | WEEK 7 | November 2021



CREATING OUR FUTURE

Wow!

Not even the most accomplished authors can claim they have written and published a book in one sitting, but that's exactly what GrammaRee, a Toormina High School team of Year 10 students Maya Farmer, Elena Dodd, Lilly Devine, Chloe Peters, Samantha Edwards and Jade Blair did, and they've been recognised for their efforts.

The students took part in the 2021 Write a Book in a Day competition which not only encourages teamwork, creativity, and literacy, but raises funds for The Kids' Cancer Project as well. This year over \$595,000 was raised with 8,307 teams of pupils from Years 5 – 12 who wrote, illustrated and published a book in just 12 hours. GrammaRee won the Commended Award, which equated to 3rd Prize in the Upper School NSW/ACT division. Please enjoy reading their book, *Feline Good*, from the online Write a Book in a Day Library by clicking on this link: [Feline good, by GrammaRee.](#)

The Kids' Cancer Project is an independent national charity with a mission to support scientific research to help children with many different types of cancer. Owen Finegan, The Kids' Cancer Project CEO says he is thrilled with the efforts of all the competition's participants. "Write a Book in a Day makes a significant positive impact on children diagnosed with cancer," says Owen. "Not only are the completed books uploaded to a digital library for children to enjoy in hospitals across the country, but all money raised is going toward vital medical research to discover kinder, more effective treatments so that kids survive and thrive after treatment," he says.

GrammaRee have already begun making plans to participate in the 2022 Write a Book in a Day competition, so why not join them in this worthwhile, fun and educational event.

Adrienne Gillingham





Congratulations

Our school community would like to congratulate 2020-21 Toormina High School Captain, Ellena Cheers-Flavell, on being one of the youngest people to stand for election to the Coffs Harbour City Council!



TomorrowMan

Last week year 10 and year 11 boys participated in TomorrowMan workshops at THS. Through active facilitation these workshops encourage young men to disrupt old school male stereotypes and explore how they can look after themselves, their mates, and their families better while carving out their own, healthier version of tomorrow's man. The program shows boys the tools to enable them to build emotional muscle and practice talking about things of weight and depth, and often with emotional intensity. Please ask your student about these inspiring workshops and continue the conversation!



Clay Play

Our staff had the opportunity to explore the frustrating but creative properties of clay recently! Thank you to Ms Taylor for organising this mindful activity to balance the stresses of a busy term.

Gumbaynggirr Language Classes

Community language classes are being held at Sawtell Public School from 4 pm to 6 pm on Tuesday evenings. Come along, bring your parents /carers and build your Gumbaynggirr language skills with Aunty Kerrie and Uncle Micklo. Everyone welcome and its free.

Senior Review Panel

Recently our senior students met individually with Deputy Principal Cheryl Cutter, Careers Adviser Robyn West and their Year Adviser Bree Taylor to review their study pattern and discuss their goals. These meetings were also an opportunity to check in on students wellbeing and discuss what they hope to achieve in the next year.



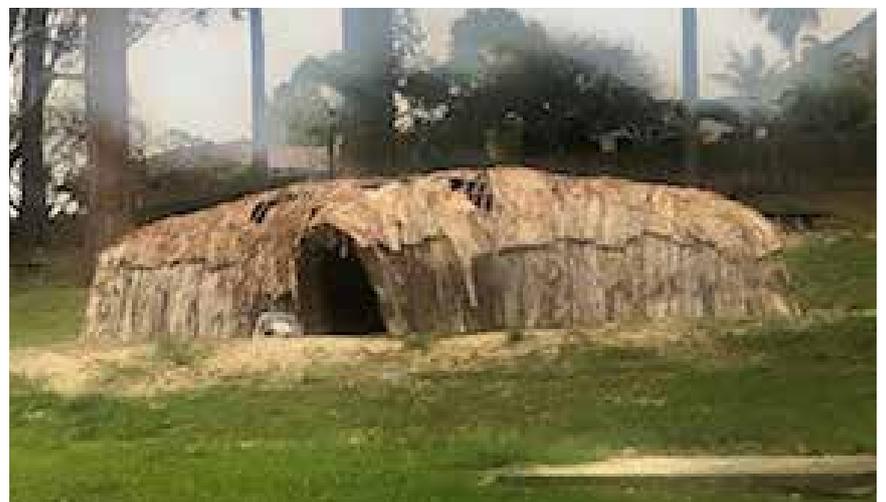
NGUURA

Uncle Jeremy is repairing the Nguura so it can be once again used for our students and community. This will take some time as the hail did damage to the roof in a number of places. Also we are looking for designs for a proud sign for our Nguura. Anyone who has an interest helping with this signage, please contact Michelle Elliott at the school.



Please 'like' the Toormina High School Facebook page (look for the school logo) and 'share' our posts - this is a free, easy way to show the world our achievements and activities!

The THS Library also has a Facebook page.



Principal's Column

The long-awaited Higher School Certificate examinations commenced last week and I had the privilege of speaking with the students sitting the English paper on day 1. I am extremely proud of this cohort that has had the impact of two school closure periods during their senior years. Since Year 12 finished attending at the end of term 3, we have averaged over 20 – 25 students coming in each day to work with teachers, preparing for these exams. Many students have already accepted places at university or work for 2022. I am confident that we will have some very pleasing results when the HSC results finally arrive in late January.

Over the past few weeks, there has been a decline in students wearing school uniform. We are a uniform school, and all students and parents know this when they first start at Toormina High School. The uniform is determined by the Parents and Citizens (P&C) committee. We are looking at some changes to the uniform (Covid has stopped meetings so far), but I ask that all parents ensure that their child is correctly dressed in school uniform each day for school.

At the moment, we are only permitted to have double vaccinated teachers, parents and visitors on site. If you need to attend the school for meetings etc., you will be required to show your double vaccination certificate. If you are not vaccinated, phone meetings can be arranged in-lieu of a face-to-face meeting.

We have decided to live stream our end-of-year presentations again this year. Parents will not be able to attend the Year 7, 8, 9, 10 and 11 presentations. The Year 12 graduation on Monday 6 December has a maximum of two persons per student limit due to space requirements in the hall. Additional guests or children will not be permitted. This ceremony will also be live streamed. Details for these events will be made available closer to the actual dates.

Paul Humphrey

Year 12 More matball on their final day attending school before the HSC examinations.





THANK YOU BUNNINGS!



Bunnings Coffs Harbour have generously donated a range of tools and equipment to be utilised in the Support Unit garden and the Patch and will complement the work that the Support Unit Work Skills students undertake. Students enjoyed the construction process in building the carts and have been thrilled to begin work. The many tools Bunnings have provided are already in action in aiding the clean up after the recent hailstorm and many additional uses have already been identified by students for the dump carts.

On behalf of the staff and students in the Support Unit we say a huge thank you to Bunnings, we appreciate your ongoing support of Toormina High School.

Marg Hope, Support Teacher



Year 7

Being kind to ourselves and our bodies can help build a healthy body image and supports mental health and wellbeing. Teachers, Rachel Charnock and Aleesha Cuthel held a workshop for all year 7 girls and Brad Herman and Adam Berrada facilitated the boys group, to encourage students to be kind to their own bodies and to others; face to face and online.



Best wishes Darryll!

School Learning and Support Officer, Darryll Lockwood, has been an integral part of the support network within Toormina High School for several years and is heading off on a new adventure.

Darryll has been involved in the didgeridoo program, BroSpeak and has led our Aboriginal Boys dance Group. Our students and staff would like to say thank you and best wishes!

Welcome to our Pre Service Teachers!



Name...**Lucy McNay**

THS Position...Pre Service Teacher

The high school I attended was...St Leo's Wahroonga.

On the weekends I enjoy playing...netball, going to the beach, and hanging out with friends.

I love...my dogs.

I don't like...bananas.

When I was a teenager I wish someone had told me...that you don't have to have your whole life planned out by the time you leave school.



Name...**Hannah Rose**

THS Position...Pre Service Teacher

The high school I attended was...Coffs Harbour High School.

On the weekends I enjoy playing...exploring waterholes.

I love...dogs.

I don't like...spiders.

When I was a teenager I wish someone had told me...change can be a good thing.

Faircloth and Reynolds APPRENTICESHIP OPPORTUNITIES!

- 10 x Refrigeration & Air Conditioning Apprenticeships
- 4 x Electrical Apprenticeships
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- 3 x Factory/Site based duct manufacture and install

Applications can be submitted via the following methods

- F&R website – links below
- Seek job advertisement – links below
- In person at our head office
- Via email to HR@fairclothreynolds.com.au

All applicants need to provide the following

- Resume – including education, work history, licences, tickets, qualifications as applicable
- Cover Letter – outlining the trade they are applying for and the reason they have chosen that trade

If for further information, please send an email or call the office on 02 6652 6277.

F&R website links

<https://fairclothreynolds.com.au/about-us/careers>

<https://fairclothreynolds.com.au/about-us/current-jobs-opening>

Seek Advertisements

<https://www.seek.com.au/job/54740972?type=standout#searchRequestToken=e70bab20-bda0-4946-8602-89ee291c2b5b>

<https://www.seek.com.au/job/54743305?type=standout#searchRequestToken=6e5e060d-bc66-4889-8d2c-802c6d3a4de4>

<https://www.seek.com.au/job/54739844?type=standout#searchRequestToken=6e5e060d-bc66-4889-8d2c-802c6d3a4de4>

Novaskill Coffs Coast

Junior Business Administration Traineeship, Air Conditioning Apprenticeship

Please see below for the opportunities Novaskill have at the moment. The link to the website has all the information needed.

<https://novaskill.com.au/.../air-conditioning-and.../>

<https://novaskill.com.au/.../business-administration.../>

www.novaskill.com.au

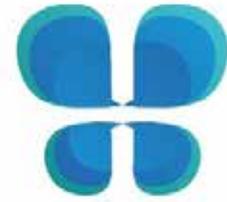
Careers event on tourism, travel, events and

Registration link below for a zoom careers event on tourism, travel, events and hospitality to be held next Tuesday, 16 November at 5.30-6.30pm.

<https://www.eventbrite.com.au/e/career-opportunities-in-tourism-travel-events-and-hospitality-tickets-186438942897>

LET'S TALK BODY CONFIDENT CHILDREN & TEENS

Parent Seminar



Butterfly
LET'S TALK body image



Butterfly Foundation is offering a **FREE** live webinar for parents providing important tips on supporting body image in children and teens.

Let's Talk Body Confident Children and Teens

For: Parents/carers of primary and secondary age children

Covers: Body image influences | Importance of positive body image | Positive role modelling | Reducing toxic body talk | Responding to appearance bullying | What to do if concerned

Date: Monday, 22nd November 2021

Time: 7pm - 8.15pm (AEDT)

Format: Live, via Zoom (no recording)

Webinar registration: https://events.butterfly.org.au/portal//event/?id=EP_BCCT_Parent_Webinar3040012394&Name=22/11/21 BCCT for BKF

Sawtell Public School CENTENARY!

Sawtell Public School is gearing up to celebrate 100 years. As part of the 2024 celebrations we're inviting the broader community to purchase an engraved paver. The engraved paver will be used to construct a Centenary Memory Walk to be incorporated in a nature play/habitat garden of the school's concept master plan. If you would like to be 'etched' in the history of Sawtell PS contact the school on 66531666 for further information.

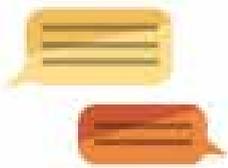
Essential Skills at THS

In the survey students completed on all things related to attendance, students let us know that perhaps we don't say often enough why attending regularly is so important. Apart from learning about our extraordinary society and planet, regular attendance at school helps build Soft Skills!

'Soft Skills are the skills that enable you to fit in at a workplace. They include your personality, attitude, flexibility, motivation and manners. soft skills are so important as they are often the reason employers decide to keep or promote an employee'.

Karina Menzies, Attendance Officer

The Top 10 Soft Skills



Communication



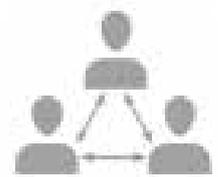
Self-motivation



Leadership



Responsibility



Teamwork



Problem solving



Decisiveness



Ability to Work
Under Pressure
and Time Management



Flexibility



Negotiation
and Conflict Resolution

The 2021-22 Higher School Certificate Assessment Booklet has been given to students and is also available on the school website.

https://toormina-h.schools.nsw.gov.au/content/dam/doe/sws/schools/t/toormina-h/2021-/Y12_Assessment_Booklet_2021-2022_Colour.pdf

THS Uniform Shop

During Term 4, 2021 the THS Uniform Shop is processing online orders only.

<https://daylightsportswear.com/toormina>

JANUARY 2022 SCHOOL HOLIDAY TRADING HOURS are by appointment only, please check the available times via the link below.

<https://calendly.com/toormina>

Orders placed online can be collected after a text notification.

Manager Jess, 0468 436 217

	<p>UNISEX POLO SHIRTS All years \$35 Sizes available 8 - 6XL also PE/Sport shirt</p>		<p>SENIOR GIRLS BLOUSE Year 11 & 12 \$30 Sizes available 6 - 18</p>
	<p>UNISEX SHORTS All years \$25 Sizes available 8 - 5XL also PE/Sport shorts</p>		<p>JUNIOR BOYS BLUE SHIRT Year 7 - 10 \$27 Sizes available 6 - 2XL</p>
	<p>UNISEX JUMPER All years \$30 Sizes available 8 - 4XL</p>		<p>SENIOR BOYS SHIRT Year 11 & 12 \$27 Sizes available 10 - 2XL</p>
	<p>UNISEX JACKET All years \$60 Sizes available 8 - 3XL</p>		<p>JUNIOR GIRLS SKIRT Black with box pleats Year 7 - 10 \$35</p>
	<p>UNISEX TRACK PANTS All years \$38 Sizes available 8, 10, 12, XS, M, L, XL</p>		<p>SENIOR GIRLS SKIRT Maroon with box pleats Year 11 & 12 \$35</p>



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To join Saver Plus, you must be at least 18 years or over, have a child at school or starting next year, or attend vocational education yourself, have regular income from paid employment (you or your partner), have a current Health Care or Pensioner Concession Card and be in receipt of an eligible Commonwealth social security benefit, allowance or payment*



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* Many Centrelink payments are eligible, please contact your local Coordinator for more information.

Saver Plus is an initiative of the Brotherhood of St. Laurence and ANZ, delivered in partnership with Barry Stew, The Menzies Society and The Smith Family and other local community agencies. The program is funded by ANZ and the Australian Government Department of Social Services. Go to www.saverplus.org.au for more information.