



CREATING OUR FUTURE

CONGRATULATIONS!

Toormina High School has received excellent results in the 2021 Higher School Certificate with 80% of our cohort receiving Band 3 and above. Our school was the highest achieving comprehensive state school in the Coffs Harbour region and second between Kempsey and Maclean. Our students receiving Band 6 results were: Mariah Anderson (4), Cooper Bake-Smith (1), Sharnte Cannon (4), Ellena Cheers-Flavell (2), Myah Harrison (1) and Amy Newcombe (1), congratulations to these students, fine representatives of THS and public education!

We would also like to congratulate the teachers of these high achievers for providing excellent instruction, support and encouragement: Lisa Mullan, Anita Milne, Adam Berrada, Richard Raward, Matt Francis and Paula Stanton.



Mathematics at Toormina High School

Mathematics at Toormina High School just got a little more exciting!

Have you ever said to yourself or to others "I'm not a maths person?" Some people believe that mathematics is a skill that people are either born with or not. The truth is... "Maths is found everywhere and is for everyone" – Eddie Woo.

This year Jodie Hartmann from the NSW Mathematics Growth Team is joining the Mathematics faculty at Toormina High School. Her role is to support the faculty in enhancing the students experience of mathematics and encouraging students to adopt what is known as a 'mathematical growth mindset'. Students will be exposed to open-ended activities that promote thinking, problem solving, communication and reasoning.

What is the Mathematics Growth Team?

The mathematics growth team, a part of the Best In Class Teaching Unit, amplifies the impact of expert mathematics teaching at targeted schools to:

- strengthen mathematics leaders and build a new generation of mathematics teachers across NSW public schools
- support the use of evidence-based, best-practice assessment and teaching practices among mathematics educators.

Currently, the Mathematics Growth Team consists of 13 school-based expert mathematics secondary teachers. Ms Jodie Hartmann is the trainer based at Toormina High School

Ms Hartmann will be working with teachers and students to develop mathematics skills and knowledge at THS.

Lesson studies and observations

As part of the evaluation of the Mathematics Growth Team project, mathematics lessons across the school will have teacher demonstration and teaching recorded for the purpose of evaluation. These recordings are shared securely with the research team and any incidental capturing of students will not be published. Ms Hartmann has been provided with video recording equipment and will be conducting these lesson observations late Term One and early Term Two.

Importantly, the data collected aims to analyse the needs of the school and its mathematics teachers and for future state-wide evidence. In no way will students or teachers be identified or disclosed.



Please feel free to contact Jodie at the school if you would like to learn more about mathematics education or Toormina High School's partnership with the NSW Mathematics Growth Team.



Congratulations

School Captain, Mitchell Hickey, has been busy over the school holidays! Second in the 17 year 10km swim and 4th in the 17 year 5km at the Open Water NSW State Championships. In the NSW State Age Pool - 4th in the 1500 17 years and in the Open Water Nationals held in Adelaide last weekend 5th for 18 years 10km and 5th 18 years 5km! Also, 1st for Hat Head Tidal 2km and 1st in the Metro South West annual Open Water 10km. Congratulations Mitch!

Saltwater Freshwater

Our Aboriginal Education Officer, Aunty Gloria, and some of our students had the opportunity to take part in the Saltwater Freshwater Corroboree dance performance. Dancers from the Gumbaynggirr, Dunghutti, Biripi and Worimi Nations performed.

What an amazing experience for our students!



P&C News

I would like to welcome all our returned and new students, families and staff to the Toormina High School community. I hope you all had a happy and safe holiday.

My name is Sandra and I am president of the THS P&C. We hold a P&C meeting every 3rd and 8th Wednesday of each term at 5.30pm, usually in the library however due to current COVID restrictions we've had to move the venue to the Board room at the Sawtell RSL.

The objectives of a P&C Association are to; promote the interests of the school by bringing parents, citizens, pupils and teaching staff into close co-operation; assist in providing equipment required by the school; assist the teaching staff in establishment of school policy and management in all facets of school activity.

On Wednesday, 16th February we are holding our AGM & general meeting at 5.30pm in the Board room at the Sawtell RSL everyone is welcome, it will be great to some old and new faces.

Hope to see you there.

Regards, Sandra Jeffery

2022 Meeting Dates

Term1 16th February 23rd March

Term2 11th May 15th June

Term3 3rd August 7th September

Term4 26th October 30th November.

'Speed Dating' with a Book



Mrs Mullan and her Year 11 Advanced English Class participated in Speed Dating with a Book in the library on Friday afternoon. The activity was not only fun and a wonderful way to spend the last period of the week, but it also introduced the students to a variety of genres and writing styles.

Adrienne Gillingham, Teacher Librarian

NEWS LETTER

Safe Respectful Learners

TERM 1 | WEEK 2 | February 2022



Welcome Year 7!

Welcome Year 7 students to Toormina High School. It has been great seeing all students excited about their classes and wearing full school uniform. I have had fantastic feedback from Year 7 teachers who have commented on their excellent behaviour. Well done!

Aleesha Cuthel, Year Adviser



Year 7 Teachers

As Toormina High School could not hold the 2022 'Meet the Teachers' afternoon for our year 7 families, therefore, we are introducing teachers of year 7 classes in the newsletter!

ENGLISH



Aleesha Cuthel
Year 7 Advisor



Gaye Devoy



Erin Lang



Anita Mine



Lisa Mullin



Wendy Storak



Bree Taylor

GEOGRAPHY



Nick Brooks



Bridget Kramer



Casey Phyland



Michael Quodling



Richard Roward

MATHEMATICS



Joseph Anderson



Carlie Briscoe



Kalfie Griffiths



Russell Preston



Kellie Rayner



Paula Stanton



Holly Trimble

NEWS LETTER

Safe Respectful Learners

TERM 1 | WEEK 2 | February 2022



MUSIC



Jake Birrell
PDHPE



Kyle McGeary



Ryan Sullings



Brad Herman
SCIENCE



Cathie Luff



James Quinn-Casey



Kate Williams



Michelle Wismore



Tasanee Alam



Sean Harrington



Derek Howard



Matthew Ryan



Lucy Thomas

TECHNOLOGY MANDATORY



Tanya Cheers



Greg Discoll



Stephen Markham



Mel Sharkey



Joel Warren



Damien Wood

SUPPORT



Neil Belling



Louise Evans



Scott Gale



Suze Hardy



Natalie Lumley



Judith Muldoon



Fran Strachan

Principal's Column

It was with great excitement that we welcomed our students and staff back last week to the start of the 2022 school year. Hopefully, this year will be a more settled and less disrupted year than the previous two years. Thank you to all of our parents and staff that collected the Rapid Antigen Tests (RATs) prior to returning to school and assisting in the surveillance testing program, reporting cases to NSW Health, Toormina High School and keeping positive cases at home.

I have recently received a number of letters from parents withdrawing permission to vaccinate students on school grounds. I would like to take this opportunity to answer some of the questions around vaccinations and testing in school.

Vaccinations in schools require parent permission to occur and as such students without permission cannot be vaccinated. Despite what some parents may have read online, sending your child to school does not constitute giving the principal permission to vaccinate your child. I can also ensure you that there is no plan to engage NSW Health in vaccinating students against COVID19 at Toormina High School.

We will not be testing students at school using RATs or PCR tests. The RATs have been provided free of charge to families to allow them the opportunity to test their child at home. It is, however, important that student who do test positive remain home until they receive the clearance text from NSW Health after logging the test result on the Service NSW App. This is usually about 7 days after the initial positive test result is logged. This text also needs to be provided to the school upon your child's return to school.

This week will see the roll out of the next round of RATs to students and staff. Students will receive their allocation at school commencing Wednesday. Information was sent through the Sentral Parent Portal and Skoolbag advising parents about this process and to contact the school if they wish to pick these tests up or do not wish for the tests to be issued to students at all. I encourage you to use the RATs and continue supporting Toormina High School.

I was extremely proud of our schools' Higher School Certificate results for 2021. We received a total of 13 Band 6 results, the most since 2010. We continue to be one of the top performing comprehensive State High Schools on the Mid North Coast of NSW. There has been a very steady growth in our Band 4, 5 and 6 results over the past few years resulting in students who remain at Toormina High School for year 11 and 12 outperforming students who leave Toormina to attend the other public schools.

Congratulations to Mariah Anderson (4 Band 6's), Sharnte Cannon (4 Band 6's), Ellena Cheers-Flavell (2 Band 6's), Myah Harrison (1 Band 6), Amy Newcombe (1 Band 6) and Cooper Bake-Smith (1 Band 6). A Band 6 is a final mark between 90 and 100. These students achieved outstanding results across a range of subjects taught by Lisa Mullan, Anita Milne, Adam Berrada, Richard Raward and Matthew Francis. There were also a large number of students who achieved Band 4 and 5 results. Overall, 81% of our students who sat HSC examinations in 2021 received a Band 3 or better (final mark between 60 and 100). We as a community should be very, very proud of our Year 12 cohort!

Regards

Paul Humphrey

Sentral Parent Portal

Toormina High School uses Sentral, which is a web-based software platform that manages school administration and student data. Our preferred method of communication to our parents and carers is through the Sentral Parent Portal. This is available as a convenient mobile phone app called "Sentral for Parents" on both Apple and Android devices.

Through the Sentral Parent Portal you will be able to access information for your child/children such as:

- Absences (to view absences and advise us of your child's absence)
- Newsfeed
- Newsletters
- Timetables (via Web Portal button)
- Attendance summary (via Web Portal button)
- School Reports (via Web Portal button)
- Various Resources such as Exam timetables, Subject Selection Guides, information and instruction documents
- Book in for parent teacher interviews at the relevant time

To download and install the Sentral for Parents app please see the instructions on the Toormina High School website > Links > Sentral for Students and Parents > Parent Portal Registration Instructions > click on Instructions: <https://toormina-h.schools.nsw.gov.au/links/parent-portal-registration-instructions.html>

After registering, you will need to input your unique access key to link to your child's information. The access keys will be provided to new parents at the start of the 2022 school year. For parents with older students at Toormina High School who have already registered on the Sentral for Parents app, the new Year 7 student should be automatically added to your app.

For security reasons, an access key can only be used by one registered user. An additional key/s can be provided for another parent/carer if this is required or convenient.

Note: to be able to view the documents attached in the Sentral for Parents app, your phone will need a PDF (Portable Document File) Reader. Many phones will already have a PDF reader installed, but if your phone won't open the PDF files, you can choose one of the free PDF Reader apps from the App store or Google Play store to download & install.

Access keys were emailed to new Year 7 parents on Tuesday 8th February. If any new parents have not received this email, please call the school & request your Sentral Parent Portal access key.



MUSIC TUITION



Toormina High School offers private lessons with tutors from the Coffs Harbour Regional Conservatorium! Currently we are offering guitar and piano tuition, but please contact Music Teacher Jake Birrell if your student is interested in another instrument, don't miss this fantastic opportunity! For those who are already taking lessons, they will start up again next week and the schedule will be up on the CAPA whiteboard.

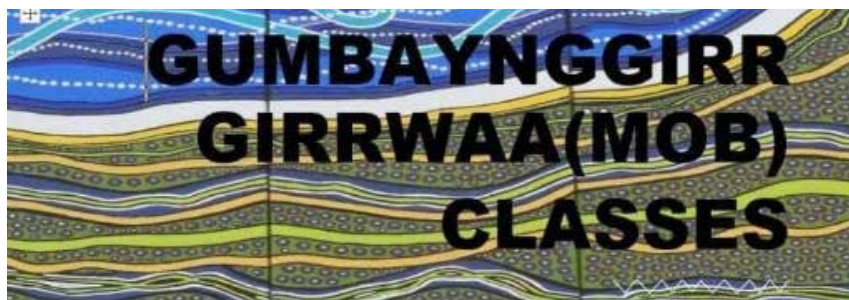
BELL TIMES 2022

Monday, Tuesday, Thursday, Friday		Wednesday	
Warning Bell	8:55am - 9:00am	Warning Bell	8:55am - 9:00am
Roll Call	9:00 - 9:10	Roll Call	9:00 - 9:10
Period 1	9:10 - 10:00	Period 1	9:10 - 10:00
Period 2	10:00 - 10:50	Period 2	10:00 - 10:50
Recess	10:50 - 11:20	Assembly	10:50 - 11:10
Period 3	11:20 - 12:10	Recess	11:10 - 11:40
Period 4	12:10 - 1:00pm	Period 3	11:40 - 12:30
Lunch	1:00 - 1:30	Lunch	12:30 - 1:00pm
Period 5	1:30 - 2:20	Sport	1:00 - 3:00
Period 6	2:20 - 3:10		



New Roles at THS

During 2022 Gaye Devoy will take up the position of Head Teacher Wellbeing and Laura McRae (on right) will be Deputy Principal. Congratulations to these dedicated staff members.



TUESDAYS

4:00pm - 6:00pm SAWTELL PUBLIC SCHOOL

Giinagay Ngujawiny (Hello you lot)

Are you interested in learning your ancestor's language?

Come on take the steps to learning and reclaiming your ancestral language.

Come along and design your own life story for your family written in Gumbaynggir and illustrated by you.

These classes are free for the next 3 years.

Contact Micklo Jarrett 0457 036 698

michael.jarrett@det.nsw.edu.au

THS Uniform Shop

THS Uniform Shop is
OPEN

every MONDAY

8am - 12pm

every THURSDAY

12 - 4pm

Orders can still be placed online and collected after a text notification.

<https://https://daylightsportswear.com/toormina>

Manager Jess,

0468 436 217

Dave and Kirsten in our THS Canteen are ready for 2022!

Please place lunch orders before 11:30am.



THE CANTEEN

Toormina High Menu 2022
 Think Healthy.....eat Healthy.....be Healthy
 Open from 8am

PLEASE PLACE ORDERS BEFORE 11.30AM
 TO AVOID MISSING OUT ON YOUR PREFERENCE

EARLY STARTERS

- Hash Browns\$1.50
- Bacon and egg Muffins.....\$4.00
- Raisin toast(2 slices).....\$3.00
- Fruit, yoghurt and muesli bowl.....\$4.00
- Fresh fruit Salad Bowl.....\$4.00
- Vegemite Toast (2 slices).....\$2.50

Freshly made Sandwiches/Roll .**\$4.90** (pre order) (White/Wholemeal)

- Chicken lettuce mayo *Ham Cheese Tomato
- Curried Egg and Lettuce *Chicken Salad
- * Cheese Salad * Ham Salad

Freshly made Wraps.....**\$4.50** (pre order)

- *Chicken Salad *Ham Cheese Salad
- * Crumbed Chicken Salad

BURGERS (pre order)

- BLT Burger...Bacon lettuce Tomato.....\$4.50
- Grilled Chicken Burger w/ Salad.....\$5.00
- Crumbed Chicken Burger w/ Salad.....\$5.00
- Veggie Burger w/ Salad.....\$5.00
- Crumbed fish burger w/salad.....\$5.00
- Beef Burger w/ Salad.....\$5.00

TOASTIES.....**\$4.90** (preorder)

- Ham& Cheese * Ham Cheese & Tomato
- * Ham Cheese & Pineapple * Cheese & Tomato
- * Chicken Cheese & Pineapple *Chicken Cheese Avo

HOT BOX

- Sausage Rolls.....\$3.00
- Meat Pies..... \$4.00
- Chicken & Veg Pie.....\$4.00
- Nacho Pies.....\$5
- Pasta Bolognaise Pies.....\$5
- Chicken chips (5)\$4.50

SALAD BOWLS

- Salad Crunch Bowl....Lettuce, Tomato, Carrot ,
 Beetroot ,Cucumber, corn, avo\$5
- Add...**Grilled Chicken *Crumbed Chicken * Tuna
 Edamame Beans * Chickpeas * Ham& Cheese.....\$6

DRINKS

- Up & Go Breakfast drink.....\$2.50
- Emma & Toms 5 Star Juices.....\$4.00
- Breaka Ice Coffee.....\$2.50
- Breaka Ice Choc.....\$2.50
- Poppers.....\$2.00
- Still water.....\$2.00
- Sparkling Mineral Water.....\$2.50
- Milkshakes.....\$4.00

Hot Choc /Chai.....sml \$3.50

Coffee (seniors & teachers) med \$4.00
 lg. \$4.50

- Fruit Juice Icy Tubes.....\$1.50
- Treat! Choc Brownie.....\$2.50
- Icy Slushies.....\$3



"WATCH OUT FOR SPECIALS"



SCU MARLINS RUGBY REGISTRATION NOW OPEN

Looking for new players for the 2022 Season

*Welcoming Boys & Girls

*U14's *U16's *U18's

*Experienced and Accredited Coaching Team

*Inaugural METS Skills & Training Program

*State-of-the-art playing fields & resources

*U14 PREMIERS - 6 years running

*Training on
Tuesdays and Thursdays
afternoons @
Southern Cross Uni Fields
Hogbin Drv

More information on:

f SCU Marlins Rugby
OR

scumarlinsrugby@gmail.com

#UpTheMarlins

#MarlinsRubgy

#MightyMarlins



SAWTELL TOORMINA NETBALL CLUB

NETBALL REGISTRATIONS NOW OPEN

SEE OUR FACEBOOK PAGE FOR FURTHER INFORMATION
<https://www.facebook.com/SawtellToorminaNetty>

NET SET GO
5-10 YEAR
OLDS

JUNIORS

SENIORS



ACTIVE KIDS VOUCHERS ACCEPTED AND
FINANCIAL ASSISTANCE FOR FAMILIES
THANKS TO BCU GRANT



FIELD HOCKEY

COME & TRY DAYS

COFFS HARBOUR HOCKEY COMPLEX
STADIUM DRIVE & PHIL HAWTHORNE DRIVE

SATURDAY 19TH FEBRUARY - 9:30AM

SATURDAY 26TH FEBRUARY - 9:30AM

FREE
&
FUN



Register your interest now!



upcoming sessions

Parents, Carers, and Community Members in Sydney are invited to attend a free mental health education session in Term 1.



The sessions aim to:

- Strengthen your understanding of mental health definitions.
- Enhance your conversational approach to mental health and well-being.
- Build skills and strategies to support young people, including transition to work and study.
- Build awareness of local, state and national supports available to young people.
- Increase your knowledge and understanding of the mental health challenges facing young people today.
- Introduce you to some of the skills and strategies to encourage and support help-seeking.



Helping my young person during COVID

Date: 2/2/2022

Time: 6:30pm – 7:45pm AEDT

Location: Online webinar

Registration: <https://bit.ly/3rixdcR>



Communicating with my young person

Date: 7/3/2022

Time: 12pm – 1:15pm AEDT

Location: Online webinar

Registration: <https://bit.ly/3nnNY4X>



Helping my young person during COVID

Date: 21/3/2022

Time: 6:30pm – 7:45pm AEDT

Location: Online webinar

Registration: <https://bit.ly/31RMIF8>



For more information

Contact us at programsupport@headspace.org.au

headspace National Youth Mental Health Foundation is funded by the Australian Government Department of Health