



CREATING OUR FUTURE

GIRL POWER

I would like to sincerely thank Toormina High School for enabling three students to present at the 'Focus on the Future Through Mentoring Forum'. This forum was put on by the Coffs Harbour Chapter of OWN and as part of International Women's Day Celebrations on Monday 7th March 2022 at Coffs Harbour Surf Club.

The three young women who represented your school: Maya Farmer, Ella Drewell and Katie Homes, were outstanding.

They had attended a briefing and workshopped their topic in the weeks prior and each presented a concise, clear and well-articulated perspective of being a young woman in our community. These young women presented alongside Liz Keen (ABC Radio Journalist), Shar Goodwin (Aboriginal Affairs) and Caz Heise (Independent Candidate for Cowper) and universally impressed with their maturity and insight.

Please pass on our gratitude for their time and their contributions to all the discussions on the day. Their attendance and contributions meant for rich and valuable conversations that will one day mean we achieve gender equity; something that will be wonderful for everyone.

Dr Shelley Rowe, Chief Executive Officer



STUDENT LEADERSHIP TEAM 2022



The 2022 Student Leadership Team received their badges in an induction ceremony in the library. These students are an inspiring group of young people and will be great role models for their peers, congratulations!

School Leaders School Captains, Phylicia Stock and Mitchell Hickey enjoyed a trip to Sydney this week to meet the NSW Governor, Margaret Beazley at Government House then a School Leaders Forum with State MP's.



School Photographs

Your student has been given their school photograph envelope to take home.. Photos will be taken in 2 weeks on **Thursday, March 31 and Friday, April 1**. Envelopes MUST be handed to photographer on these days (even if NOT ordering photos).

Payment can be made by: cash (correct amount sealed in envelope), credit card (fill in details on envelope) or online through <http://orders.academyphoto.com.au>

ALL enquiries to Academy School Photography 1800 816 224

Lions Youth of the Year Quest

On March 12, Year 11 student Maya Farmer, represented Bonville/Sawtell Lions Club at the district final of the Lions Youth of the Year Quest. Maya undertook a 40-minute interview with the judges, and then competed in the public speaking competition.

The speaking competition saw entrants speak for two minutes on the topics of 'The best letter of the alphabet is...' and 'The best things in life are free.' Maya's prepared speech was about gender inequality in STEM.

Maya was the winner of the public speaking competition and was an outstanding representative for the Lions Club and Toormina High School. Well done Maya and thank you to the Bonville/Sawtell Lions Club for their continued support for our students.



REPRESENTATIVES

Our 13 Girls Relay team is off to State!!! The team: **Taylor Williams, Rose-Anna Herden, Savannah-Grace McIlveen and Imogen Bilsborough**, came second at the North Coast carnival, congratulations girls!

Mock Trial and Mediation

On Monday 14th March, the Mock Trial team faced up against Woolgoolga High School in a criminal case. The Mock Trial Competition allows students to take on the roles of barrister, solicitor, witness or clerk in a scenario designed to challenge their ability to present a case before a magistrate. With stellar performances from our barristers, Maya Farmer (11) and Katie Homes (12), supported by solicitor Arabella Flowers (11), our team was able to secure our first victory in the Mock Trial Competition. Keira Seager (11) kept the trial organised in her role as magistrate's clerk, and Samantha Edwards(11) and Jade Blair (11) presented the crucial evidence to the court as the prosecution's two witnesses. Benjamin Bryant from Bryant McKinnon Lawyers presided over the trial as magistrate, and we thank Benjamin for volunteering his time and expertise to our students.

A week later, Benjamin returned to Toormina High School to adjudicate our very first mock mediation. Mediators Jack Jones (9) and Juliet Ryan (9) worked together with the parties played by Jay Bloomfield(10), Reuben Squires (10), Hunter Broadbent (9) and Hannah Zahra (9).



The Mock Mediation competition allows students to develop their confidence and problem solving skills in working towards a solution in a scenario of conflict. All students were very involved in the mediation and got right into their characters. The team looks forward to future mediations.

We thank Bryant McKinnon Lawyers for being fantastic advocates and supporters for public education and enabling our students to have access to such enriching activities. Stay tuned for more from the Mock Trial and Mock Mediation teams!
Bridget Kramer, Coordinator



THS REPRESENTS Congratulations to these students selected for representative teams!



Tayla Morgan
Mid North Coast Netball



Ella-Ruth Beynon-Whitelaw
Mid North Coast Hockey



Lachlan Smith
Lower MNC Rugby League



Jorja Wells
Mid North Coast Soccer



Niokah Morris
Mid North Coast Soccer



Casey Cowgill
Mid North Coast Soccer



Congratulations to former THS student, Chris Watkins, on his selection to the Australian Rugby 7's team to tour Fiji!

Congratulations to year 12 THS Prefect, Casey Cowgill, who has been selected to play for the Northern Eagles touch football team to compete in the Nationals Tournament to be held in Coffs Harbour in May.



Year 7 Meet the Teachers

Thank you to all our year 7 student's parents and carers who attended our 'Meet the Teachers' afternoon. Thank you to staff for displays and our Hospitality students and staff for their catering! Public education building communities!



Year 8 Sapphire SCIENCE



Year 8 Sapphire students have been working hard in science this term. We have been learning about famous scientists and their contributions to the medical world. In particular we have been studying the life of Alexander Fleming, "I did not invent penicillin. Nature did that. I only discovered it by accident."

Alexander Fleming was a Scottish physician-scientist who was recognised for discovering penicillin. The simple discovery and use of the antibiotic agent has saved millions of lives, and earned Fleming – together with Howard Florey and Ernst Chain, who devised methods for the large-scale isolation and production of penicillin – the 1945 Nobel Prize in Physiology/ Medicine.

Science students in year 8 Sapphire swabbed different hard surfaces around their class room, some even swabbed their noses, hands and inside their mouths!! They then wiped the swabs onto the agar plates, allowing any bacteria to transfer to the surface of the plates. The Agar plates were then incubated for 48 hours to allow bacteria growth. When the students viewed their bacteria colonies, there was many squeals of disgust and delight.

We couldn't believe it, Jett's nose had the most bacterial growth, while our classroom, had minor bacteria growth.

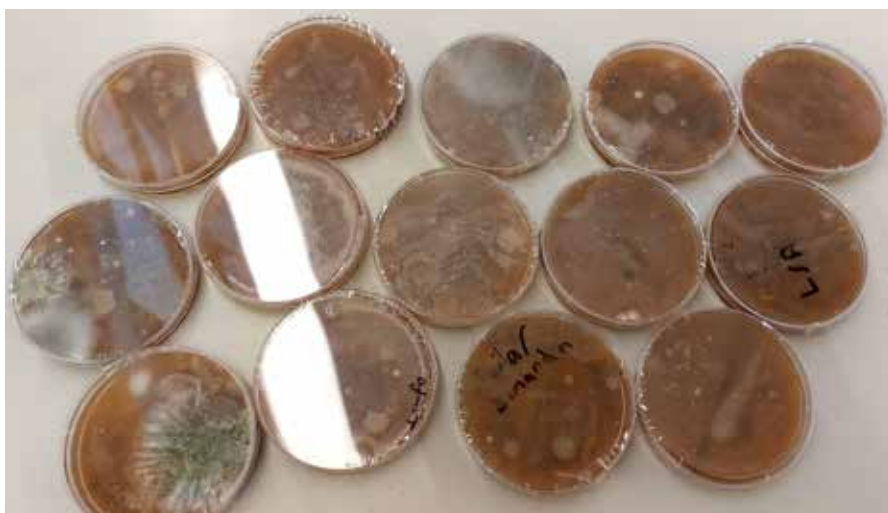
Penicillin was accidentally invented by Alexander Fleming, as he forgot to cover a petri dish, he noticed mould spores only grew in some parts of the dish, but not where the "pencil juice" was.

"When I woke up just after dawn on September 28, 1928, I certainly didn't plan to revolutionize all medicine by discovering the world's first antibiotic, or bacteria killer. But I suppose that was exactly what I did."

This accidental discovery would go on to save countless lives from that point onwards.

8 Science Sapphire had fun growing bacteria and moulds while learning about Alexander Fleming.

Tasaneer Alam, Science Teacher





The legends from THS Canteen!!

Dave and Kirsten have been in Woodburn feeding people affected by the flooding and volunteers!



Year 10 PDHPE

Year 10 PDHPE classes have been using Fatal Vision Alcohol Goggles to learn about impaired driving and underage drinking. Students performed simple activities such as walking in a straight line and catching a ball without and then with the goggles. Students learnt how the smallest and simplest of tasks are extremely difficult to perform when intoxicated. This evidence-based tool provided a memorable lesson for Miss Williams' Year 10 class.



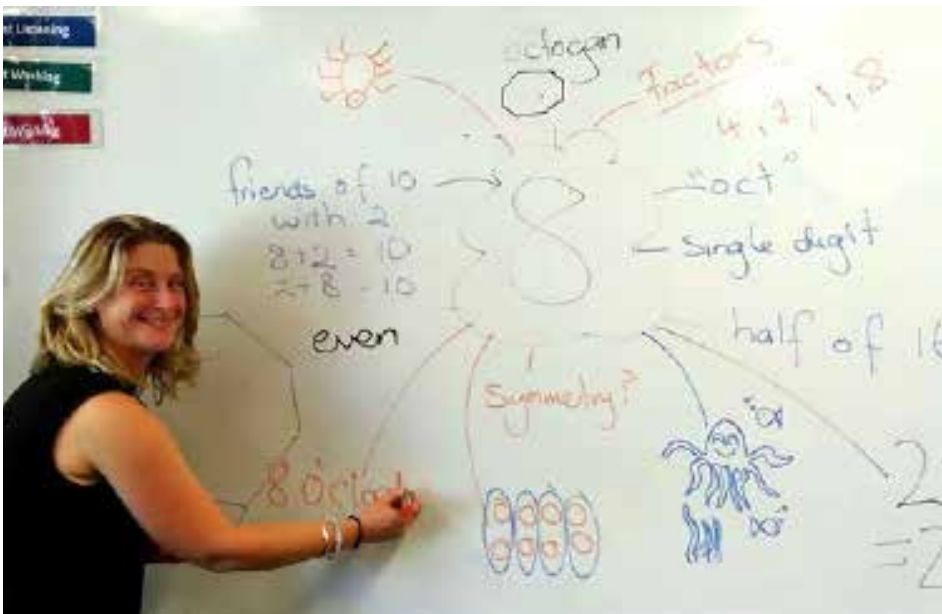
Year 10 Agriculture

Some proud chicken 'farmers', Caleb, Joel and Reef, from the Year 10 Agriculture class.



SENIOR STUDENTS - do you need help with your assessment tasks or exam preparation or just to catch up on your class work? See Mr Minchinton in the Learning Hub or the English staffroom to make your study periods productive.

Maths FUN



As part of their professional learning with the Mathematics Growth Team Trainer, staff have been engaging in Number Talks. Number Talks are a powerful routine for students to share their mathematical thinking out loud. Staff have been implementing this routine in their classrooms to provide students with short, regular opportunities to develop efficient number sense and mathematical reasoning in computation, to visualise problem solving and to explain their thinking. Here Mrs Griffiths explores student knowledge of "8".

NEWS LETTER

Safe Respectful Learners

TERM 1 | WEEK 9 | March 2022



NEWS LETTER

Safe Respectful Learners

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THS Vice Captain, Molly Ward is a champion!



Molly is participating in the 55 Squat Challenge for breast cancer research.

55 Australians will be diagnosed with breast cancer today and a further 9 will lose their life. Those are our mothers, daughters, sisters, aunts and friends. I want to make a difference to the lives of those 55 Australians impacted by the disease - that is why I am taking on the 55 Squat Challenge to raise vital funds for world-class breast cancer research. But I need your help.



<https://fundraise.nbcf.org.au/fundraisers/MollyWard/the-55-squat-challenge>

CAPA Area Mural Update



CAREERS NEWS

CSU Open Day excursion - Year 12 students got a feel for what courses and facilities Charles Sturt university have on offer. It was a great day had by all, smiling faces all round.

Year 10 Careers - Periodically during career lessons, students have an opportunity to not only compete against their peers but to also practice applying their 'soft skills' within the 'Game of Life'.

Whitecard course - 15 of our students successfully completed their Whitecard course which will now enable them to participate in work experience, compulsory VET work placement, or to gain paid employment in a range of industries that require this mandatory certification. This group of students conducted themselves extremely well and applied themselves during a day filled with lots of information and learning.

Kerstin Woodward, Careers Adviser



THS Uniform Shop

is OPEN

every MONDAY

8am - 12pm

every THURSDAY

12 - 4pm

Orders can still be placed online and collected after a text notification.

<https://Https://daylightsportswear.com/toormina>

Manager Jess,
0468 436 217

PCYC Nations of Origin

JULY 12 - 14

(second week of school holidays) at Salamander Bay. Boys and girls teams - 15/16 years old.

Interested players

please give your name to Aunty Gloria, more information to follow in coming weeks.

School Social

The Student Leadership Team are running a social on the **5th April from 6pm to 9pm**. This will be an amazing opportunity for our students to celebrate together. The money raised is going towards our Year 12's Formal Dinner at the end of the year.

Please donate any unwanted THS uniform items to our office.

All donations gratefully received!

Please follow our school Facebook page, look for the school logo!





Giingan Gumbaynggirr Cultural Experience



Youth Week 2022 - it's up to YOUth

Come along and help us celebrate youth week 2022 with a Cultural Tour, Free Lunch and Free Show Bags!

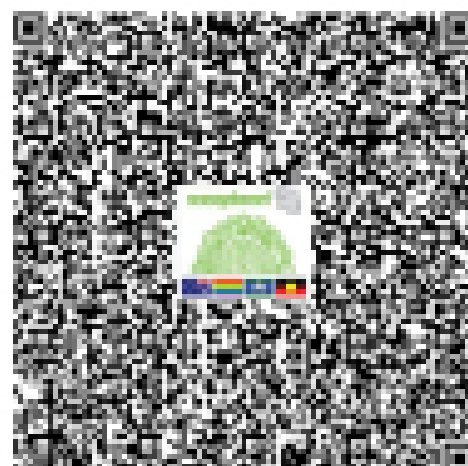
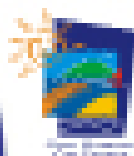
All Participants must Register to attend.

Spots are limited so please contact Kira for a registration form and return it asap to secure your spot.

kiratc@penhealth.org.au

Wednesday 13 April 2022
10am - 1:30pm

Come and experience Gumbaynggirr culture, people and language in an immersive day at the iconic Sealy Lookout, Kairi just north of Coffs Harbour. Best in the ambience of 360-degree views and immerse in Gumbaynggirr culture through stories, songs, language and the uses of native plants.



headspace National Youth Mental Health Foundation is funded by the Australian Government Department of Health

★ PRESENTING ★

SURF COMP

FRI. MAR 25 - MAR 27

THE BARNEY MILLER
CHARITY SURF CLASSIC

MON, MAR 21 AT 6 PM

Trivia Night

at *The Sawty pub*

FACING MONSTERS
at the Sawtell Cinema

THU. MAR 24 AT 6:30 PM

(\$20) 
Exclusive viewing
and Q&A session

This years
BENEFICIARY

Katie
Thompson

SAT, MAR 26

CHARITY COCKTAIL AUCTION



AT 6 PM

BALTER & REEFTIP STREET PARTY

and Benefit Concert

FRI, MAR 25 AT 4 PM

★ 2022 ★

The
**BARNEY
MILLER**
Classic

★ 2022 ★