

NEWS LETTER



Safe Respectful Learners

TERM 4 | WEEK 8 | November 2023

Year 7 Excursion

We got to the school on Wednesday morning at 6:00am which was not good at all!

Everyone was really excited but really tired and we ended up getting on the bus at 7:00am. Even though we were tired we chatted all the way to camp with a quick pit stop to get lollies, drinks and chips. We arrived at the camp at around 11:30am. There were three groups and all the workers there were really nice. Everyone got placed in their cabins and we got ready for the first activity which was the mud run! You can imagine what happened.... Liked this activity but my favourite activities were probably the giant swing, abseiling and treetops. They were probably my favourite because you didn't get dirty, they were high up and a challenge as they were terrifying.

The giant swing was definitely my favourite: you are attached by a harness and the people in your group pull you up to the top of the swing by a rope and then there is a smaller rope up the top and you have to pull it to let yourself start swinging which is super fun.

My second favourite was probably the treetops: There were four in a group, and you all get to go up there together with your friends which made it even better. You walked along ropes and then at the end there is a giant zipline.

My third favourite was the abseiling: For this one there were two in a group and you started by climbing up a ladder then when you reached the top you got attached by a harness and then you started walking backwards on the wall and then you get to start swinging down the wall which is scary but really fun.

On the first night all the students and the teachers played spotlight which was really fun because all the teachers dressed in black, and you couldn't see them so they kept scaring us!! On the second night we played night games in this room which was alright but then they dimmed the lights put some colourful lights on played some music which was fun - a bit like a disco. On the last day we left around 1:00pm and we got back to school around 4:30-5:00pm

My group went on one of the smaller buses on the way home and we got to stop at KFC and Maccas... making the end of trip even better. Overall, the trip was super fun and it was great to be in a cabin with all of our friends having fun in the activities and just together.





Congratulations to Wyatt Stevens, year 7, who broke two records at the recent Regional Swimming Championships, 100m and 200m breaststroke!

Debating

On Tuesday November 21st, some of Toormina High's most passionate and experienced debating students took part in a demonstration debate for Year 4 and 5 students at Boambee Public School. Hunter Broadbent, Jack Jones, Eva Smith, Penelope Farmer, Lauren Krainik, Keira Welsh and Saskia Iredale debated the topic that we should get rid of school uniforms. Following the debate, our students answered questions and explained the different roles and strategies for debating. Boambee Public students were inspired with many students indicating their interest in taking part in debating activities next year!



Toormina High looks forward to supporting our up and coming debaters in the future! A huge thankyou to Year 12's Maya Farmer who gave up her time to help coach our teams in preparation for this event.

Anita Milne,
THS Debating Coordinator





Orientation Day We enjoyed hosting our 2024 year 7 cohort on their Orientation Day this week.



Merit Awards

Congratulations to all our recent Merit Award recipients. Photos are available on the THS website and the school Facebook page.



Save the date!

Academic Awards Assembly will be held at school on Friday, December 15:

Years 7,9 and 11 will commence at 9:30am

Years 8,10 and Support Unit will commence at 12pm

Parents are welcome to attend and will receive a notification via school bytes if their child is receiving an award, these will be sent out closer to the date.

Trivia Night

After much preparation and planning from our very dedicated year advisor, Mrs Griffiths, Year 12 battled it out against THS staff at trivia last Wednesday night. The event was a huge success with over 15 tables of participants coming along to support the fundraising event for the year 12 formal and gift to the school.

Five rounds of various questions made by Mrs Griffiths were read out by our year 10 student hosts, Eva Smith and Jack Jones and supporting her mum with marking tirelessly throughout the whole night was Zoe Griffiths.

Between the rounds of trivia Mrs Griffiths held competitions including Best Dressed Table, Catch the popcorn, Heads & Tails and the very memorable Dancing through the Decades, which resulted in Mika Creenaune bulldozing Lily Davies-Jamieson off the stage and taking first place with a talented and highly entertaining victory dance. Prizes of up to \$500 dollars in value, donated from many local businesses, helped raise the already intense competition and banter between the teams of staff and students.

The whole night was a success and hopefully the first off many trivia nights to be held.

A well-deserved congratulations to the winning team, 'Irish Wristwatch', consisting mostly of English staff (who are clearly well practiced in the art of trivia).

Year 12 would like to thank everyone who showed up and made the night as wonderful as it was.

Audrey Van-Schellebeck and Poppy Browne





Active Outdoor Kids Program

This is a four session program (70 min per session) that has been offered to us free of charge. It involves four paddling sessions at Boambee Bay. Each session will have a different focus and students will learn about the local environment and the flora and fauna that inhabit the estuary marine ecosystem. Each session will be run by a professional ecological tour guide and students will learn paddling and water safety skills. Thank you to Matt from C-Change Adventures for providing us with this opportunity.

Lucy Thomas, Marine Studies Teacher



Interschool Lawn Bowls Challenge

Toormina High School students had a fantastic day attending the Interschool Lawn Bowls Challenge at Sawtell Bowling Club. Students had a great day honing their skills and competing against each other. Riley showed the crew how it was done with his precision and class. Rueben enjoyed putting the pace on his bowls down the green to knock the opposing team out of contention and winning the end. Maddie was a standout on the day with every roll consistently falling near the jack. However, Asha and Poppy came and broke Lily and Maddie's hearts in their tie breaker with a winning drive. The overall winners of the day went down to a countback with Riley, James and Cohen coming out on top. We would like to thank Anthony and Sawtell Lawn Bowls for the fabulous day on the green.

Sheridan Johnston, Head Teacher PDHPE





Alan Davidson Shield

This term, the Toormina High School cricket team played two games in the North Coast cricket Alan Davidson Shield. In the game against Bellingen High School in round 1, the team had a strong first performance, with dominant displays from James Arnold and Jake Creenaune helping to lead the boys to a total of 192, which was defended with ease. The round of 16 saw a forfeit from Woolgoolga High School which sent Toormina into the Quarter Finals, matching them up against Dorrigo High School. Batting first, the boys set a competitive score of 137 which unfortunately proved not to be enough even after 3 early wickets from Zac Creenaune, Jabien Johnson and Zac Levy. Throughout both games, our Toormina team displayed brilliant sportsmanship and represented the school proudly. A massive thank you to Mr Seivers for the time he gave up to coach the boys this term.

Jack Hone, Year 12



Senior Visual Arts students enjoyed a painting workshop with CAPA teacher, Joe Walsh.





Wishing Tree Appeal

Our school is participating in the Kmart Wishing Tree Appeal this year. This appeal supports families in need, distributing gifts at Christmas time in partnership with the Salvation Army. We are asking for donations of gifts for any of the following options- baby, toddler, child, teen, adult or elderly. Gifts cannot be second-hand, they need to be new and unwrapped. They will be delivered to Kmart, addressed from Toormina High School community.

The Student Leadership Team ask if all donations could please be handed in to the PDHPE staffroom by Tuesday 12th December.

Bianca Bilbija, Student Leadership Team Coordinator



Recycling

Room 23 students are doing another project for their textiles unit recycling plastic bags. We discussed how polyester is a common plastic and this lead to discussions about recycling and how plastic bags harm the environment and animals.

The class has made Christmas wreaths with plastic bags with a little spray paint they are looking fantastic.

Suzanne Hardy, Support Teacher



Message Sticks

The Message Stick Project is a transition to High School program giving young people the opportunity to buddy-up with a High School student and create a 'Message Stick' which will symbolize the moving between 2 spaces (in this case, it would be the 2 stages of life moving between Primary School to High School) and carrying messages of story and knowledge into this new stage of their life.

**Chris MacDonald,
Aboriginal Education Officer**



Engineering Challenge

The year 7 cohort participated in a team building enrichment task where they undertook the James Dyson engineering challenge. The students were required to design and construct a chair from cardboard using only scissors and a ruler. There were some very different designs and we are happy to report that all the chairs supported Mrs Elliot.



Barty Party!

Year 9 Adviser, Rebekah Schafer held a pizza party for lunch to celebrate Barty House who won the semester prize for least negative Sentral entries! Our year 9 students who received a positive with no more than one negative also attended the party! It was an awesome lunch and everyone was full!

Girls League Tag

The **Under 13's** girls set the tone for the day, all coordinated with matching pink zinc and ribbons in their hair, it was clear the girls were ready for an all-out victorious day.

The positive and determined tone continued into well-structured warmups led by standout placement teachers, Mr. Jones and Mr. Taylor. Raring to go, the girls took the field playing against Nambucca Heads, Woolgoolga, Grafton and Kempsey. Outstanding contributions by all players resulted in an undefeated day. Special mentions must go to Scarlett, we lost count of the number of tries she scored, zipping through and around her opposition, she regularly found herself streaking down the wing for a try. Lily beat the first tagger every time she ran the ball. Olivia making full field breaks, side stepping and saving tries all on one leg playing with an injury. Zahla played in her first team sport competition and held her own. Jaiilee controlled the middle of the field in attack and defence. Parlin and Willow showed blistering pace both in attack and defence and were a constant problem for the opposition. Jesse, Holly and Jewell were solid all round with their tagging, passing and running also keeping the team spirits high with constant positive words for the team and always smiling.

At the end of the day the girls had a lot to be proud of, not losing any games, playing well and for each other, and winning a few footballs to bring back to school and add to the playground equipment.

Our **Under 15** girls took the field ready to cause chaos with an experienced lineup our girls were going to be a tough task for the opposition. Led by inspirational captain, Shakarri Towney, the girls were successful in winning four from four with wins over two St John Paul College sides, Woolgoolga HS and Coffs Harbour HS. The girls played with tremendous spirit and were excellent representatives of Toormina High school.

Adam Berrada, PDHPE Teacher



IMPORTANT DATES		
Friday	15/12	Academic Awards Assembly
Friday	15/12	Last day for students 2023
Monday	18/12	Pupil free Staff Development Day
Tuesday	19/12	Pupil free Staff Development Day
Tuesday	30/1/24	Pupil free Staff Development Day
Wednesday	31/1/24	Pupil free Staff Development Day
Thursday	1/2/24	First day Term 1, Year 7, 11, 12
Friday	2/2/24	First day Term 1, Year 8, 9, 10

We are very excited to begin our transition to the new uniform in 2024!

Uniform items will be available in January 2024, if supplies become available sooner we will advise our school community.

Our new supplier is -

TEAM SPIRIT

1/10 GDT Seccombe Close

Coffs Harbour, 66519030

Monday - Friday

8:30am -5:00pm

Orders can be made online

<https://www.teamspiritsports.com.au/>

or shop in store.

School Students Broadband Initiative

To boost education opportunities and narrow the digital divide, the Australian Government is providing up to 30,000 eligible families with school age children with no internet at home access to free nbn® for one year under the School Student Broadband Initiative (SSBI). Access to the SSBI will become easier, with the announcement of a National Referral Centre that parents/carers with school students can contact directly to check their eligibility.

To be eligible for SSBI, families working directly with an SSBI Nominating Organisation, or self[1]nominating through the National Referral Centre, must:

- * Have a child living at home who is enrolled in an Australian school (up to year 12 including from Prep in Qld/ Vic/Tas & Kindy in NSW).
- * Not have an active NBN® network internet service at home. Having a mobile internet service does not affect eligibility.
- * Live in a premise that can access a standard* NBN service.
- * Not have had an active NBN connection during the previous 14 days.
- * Either be referred by a nominating organisation or have your suitability determined via an assessment conducted by the National Referral Centre

The link attached below will take you to the website for further details and the application form:

<https://www.anglicarevic.org.au/student-internet/>



Follow us on the
Toormina High School Facebook
page - look for the school logo.
Please 'like' and 'share' to show our community
all the fantastic achievements and activities at
THS!



SPECIAL EDUCATION XMAS COFFEE SHOP

<h3>SOMETHING SWEET \$4.50</h3> <ul style="list-style-type: none"> • RED VELVET CAKE (GLUTEN FREE) • PAVLOVA WITH VANILLA CREAM AND SUMMER FRUITS (GLUTEN FREE) • CHRISTMAS CHOCOLATE AND COCONUT SLICE • PASSIONFRUIT CHEESECAKE • M & M COOKIE BROWNIE 	<h3>SOMETHING SAVOURY \$4.50</h3> <ul style="list-style-type: none"> • PUMPKIN, FETA AND SPINACH FRITTATA (GF) • SPINACH, FETA AND RICOTTA PASTRY • GOURMET HOTDOG W/ CHEESE AND TOMATO RELISH
<h3>SOMETHING HOT \$4.50</h3> <ul style="list-style-type: none"> • CAPPUCINO • LATTE / CHAI LATTE • FLAT WHITE • LONG BLACK / SHORT BLACK • MOCHA • HOT CHOCOLATE • TEA (ENG BREAKFAST / EARL GREY / PEPPERMINT) 	<h3>SOMETHING COLD \$4.50</h3> <ul style="list-style-type: none"> • MILKSHAKES (CHOCOLATE / CARAMEL STRAWBERRY / VANILLA) • ICED COFFEE • ORANGE JUICE • APPLE JUICE

**DEVELOPING VALUABLE VOCATIONAL SKILLS AND
CONFIDENCE AMONG OUR STUDENTS
WE APPRECIATE YOUR SUPPORT!**



COFFEE SHOP
Come and grab a drink or a bite and support our students at our final Christmas Coffee Shop for the year (let's make it a busy one!).

Open from
10am - 1:30pm on
Tuesday 5th Dec.
Hope to see you
there!

ALL WELCOME!



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16-20 JANUARY 2024
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radio and why it's so
important.
Media Law and
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How to create
engaging content
and why it is
essential for radio
Radio elements and
terminology



In-Studio - RCS Zetta

Learn industry
standard, digital
studio operations

Your voice and how to use it

Whether music or speech-based, radio
relies on the human voice to connect
with its audience – a conversation. The
voices we hear – presenters and
newsreaders – are who listeners
respond to on radio.

Interviewing Techniques

Good interviews are
those that make us lean
in and listen – like
eavesdropping on an
interesting conversation.



Putting it all together

How all the elements
go together to make
great radio

