

NEWS LETTER



CREATING OUR FUTURE

Safe Respectful Learners

TERM 2 | WEEK 5 | May 2025

Gumbaynggir Traditional Weaving

Our Year 8 LOTE (Gumbaynggirr) students have been immersed in a hands-on cultural activity this term, exploring traditional weaving techniques using palm fronds and raffia. Guided by Aunty Penny and supported by Gabby, students have been learning how to create woven vessels inspired by traditional First Nations practices. The activity not only develops practical skills in weaving but also deepens students' understanding of Gumbaynggirr culture, language, and connection to Country. As they work with natural fibres, students engage in meaningful conversations about the significance of weaving as both an art form and a way of carrying knowledge across generations.

The completed vessels are a beautiful reflection of the students' creativity and respect for culture. They also serve as lasting reminders of the importance of preserving traditional knowledge. Through this process, students gain insight into the deep spiritual and cultural meaning embedded in everyday practices, strengthening their appreciation for Indigenous perspectives and fostering a greater sense of community and belonging. We are incredibly proud of the students' dedication and the thoughtful way they have embraced this rich cultural learning experience.





Player of the Championship

We are proud to share the outstanding achievements of Year 9 student Chloe Murphy, who represented the North Coast as Vice Captain at the NSWCHSSA Secondary Australian Football Girls Championship Carnival held on the Central Coast recently.

Chloe competed against talented teams from across New South Wales, showcasing her skill, leadership, and determination. Her efforts paid off in an extraordinary way - Chloe has been selected for the NSWCHSSA Girls Secondary Australian Football Team!

Chloe was also named Player of the Championship, a huge honour that reflects her impact on and off the field. She played a key role in leading her team to a strong 3rd place finish overall in the carnival.

This is an exceptional achievement from a dedicated and talented young athlete, and we couldn't be more thrilled for her. Congratulations, Chloe! Your THS community is cheering you on every step of the way!



Big School Breakfast

A huge thank you to the wonderful team at Mission Australia for bringing the Big School Breakfast to THS! It was a fantastic way to start the day, with delicious food, lots of smiles, and a great sense of community. Our students were fuelled up and ready to take on the day ahead.

We'd also like to give special thanks to our amazing SSO, Woodsie, whose hard work and dedication made this event possible. Opportunities like this truly make a difference, and we're so grateful for the support given to our school community.

Year 12 Excursion

Our Year 12 students from Food Technology, Hospitality, and Business Studies recently embarked on an industry-related excursion to Maclean, visiting various businesses and manufacturing facilities.

Our first stop was at Botero Coffee Roasters, where students experienced the journey of coffee beans firsthand. They observed the entire process, from the beans being unpacked and roasted to the final bagging stage. Thanks to Mr. Sievers, morning tea was served, allowing students to engage with their subject-related questions. A special thank you to Ed and Kim at Botero for their warm hospitality.

After morning tea, we boarded the bus and headed to Sanctus Brewing Company. Here, students learned about the sterile processes involved in brewing, the science behind it, and the legalities of product development. Kim provided invaluable insights into product development and entrepreneurship in today's economy, sharing her contagious energy with the group. Students enjoyed delicious wood-fired pizzas and garlic focaccia while Kim assisted with their worksheets.

We extend our thanks to Ms. Bear for ensuring our safe travel via our school bus. We look forward to offering this real-world immersion excursion again in 2026!

Melanie Sharkey, TAS Teacher





U15 Boys Soccer

This term, our Under 15s Boys Soccer team faced off against Coffs Harbour High School in Round 2 of the Bill Turner Cup.

In what was a tightly contested match, the THS boys put in a strong performance and showed great teamwork and determination throughout. Despite their best efforts, the game ended in a 2-0 loss, with Coffs Harbour securing the win with two late goals.

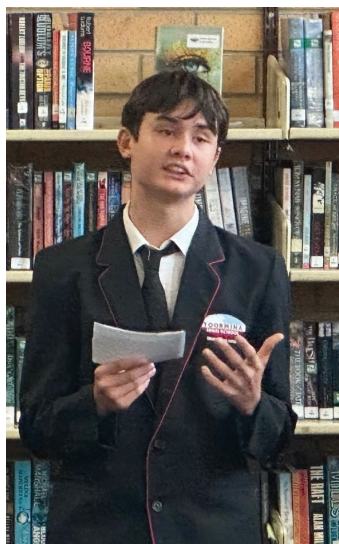
The team should be proud of their effort, sportsmanship, and the way they represented our school on the field. Well done, boys - I'm looking forward to seeing what's next for this talented team!

Joe Walsh, Soccer Coach

Plain English Speaking Award 2025

On Tuesday May 13th, Toormina High hosted the North Coast local final for the Plain English Speaking Award. This competition sees students deliver an 8 minute speech on a topic of their choice and a 3 minute impromptu speech on a topic assigned by the adjudicator. Toormina High was represented by Year 10's Sienna McGinty and Geoffrey Whalan, who competed against students from Dorrigo High, St John Paul College and Nambucca Valley Christian Community School. This was a fantastic opportunity for our students to develop their skills and take on new challenges. Well done to Sienna and Geoff for your amazing work. Congratulations to the representatives from St John Paul College and Dorrigo High who move on to the next stage of the competition.

Anita Milne, Debating Teacher



Aurora Camp

Year 10 student Charlie Wright and Year 9 student Darshini Prajapati, recently took part in the Aurora Residential Camp held at the Sydney Academy of Sport and Recreation, Narrabeen. This exciting program brought together high-achieving students from across the state for a week of leadership development, academic enrichment, and outdoor adventure. Charlie and Darshini represented our school with pride, embracing every challenge and opportunity the camp had to offer. Well done!



Do It For Dolly Day

What an incredible afternoon we had at THS celebrating Do It For Dolly Day on Friday, May 9th. A heartfelt thank you to our amazing school community for getting behind this powerful national initiative, which promotes kindness, compassion, and mental health awareness, while encouraging young people to stand up against bullying.

It was inspiring to see so many students proudly wearing blue and actively spreading kindness through thoughtful actions, inclusive attitudes, and caring conversations. These small, everyday gestures help create a safer, more supportive environment for everyone at our school.

Our BBQ lunch fundraiser was a fantastic success, thanks to the incredible efforts of Mrs. Sharkey, the Student Leadership Team, and our dedicated senior students. Your teamwork and commitment helped make the afternoon a warm, welcoming, and meaningful event that truly captured the spirit of the day.

A very special thank you also goes to Donut King Toormina and Muffin Break Toormina for their generous donations of delicious donuts and choc chip muffins. Your support means so much to our school and to the Do It For Dolly Foundation. We are incredibly proud to join thousands of schools and communities across the country in raising awareness for anti-bullying and suicide prevention, and coming together on a day that holds such deep meaning. Dolly Everett was a kind, creative young girl who tragically took her life in 2018 after experiencing relentless bullying - both in person and online. Before her passing, Dolly left behind a powerful message: "Speak even if your voice shakes."

This simple yet courageous phrase has since sparked a national movement dedicated to changing the culture around bullying, supporting mental health, and reminding every young person that they are never alone.

At THS, we stand behind this message and are committed to building a community where kindness matters, voices are heard, and support is always available. Thank you to everyone who helped make Do It For Dolly Day such a meaningful and memorable occasion. Let's continue to carry Dolly's message forward - every day.

Leanne Woods, School Support Officer

ARMSTRONG DRIVE, TOORMINA NSW 2452 | 026653 3077 | toormina-h.school@det.nsw.edu.au | www.toormina-h.schools.nsw.edu.au

CRICOS Provider Name: NSW Department of Education CRICOS Provider Code: 00588M

Young Endeavour

Earlier this May, I was lucky enough to take part in the Young Endeavour Voyage from Sydney to Brisbane - an experience that I now know will stay with me for life.

Pushing Beyond Limits

The most powerful lesson I took away from the voyage was that you can always push yourself just that little bit further. Whether it was climbing higher up the mast, starting a conversation with someone I didn't know, or stepping up for a leadership role, I found that growth came from moments of discomfort. It was by challenging myself - mentally and physically - that I discovered what I was truly capable of.

A Digital Detox and Real Connection

There's a whole world out there that you miss when you're constantly on your phone. Being disconnected was honestly one of the best parts of the trip. The digital detox gave me the chance to be fully present, and that's when the real connections happened - with people, with the environment, and with myself.

Some of my favourite memories were simple but meaningful: hours spent playing cards, strumming guitars, and singing together on the top deck, or laughing and skipping along as we dropped anchor in the Brisbane River. Moments like these wouldn't have been possible if we were all glued to screens.

Favourite Parts of the Voyage?

Everything! I was surrounded by incredible people, my shipmates, who quickly became some of my closest friends. Without Young Endeavour, I never would've met such like-minded people from all walks of life. One particularly unforgettable moment was the Community Day Sail, where we welcomed two intellectually diverse groups aboard. We, the youth crew, became the mentors, sharing what we'd learned to help them enjoy their very own Young Endeavour experience. It was both humbling and inspiring. And of course - climbing the mast. Nothing beats the thrill and the view from the top.

Would I Recommend the Experience?

Absolutely. No hesitation. If you're even thinking about applying, do it. There's never going to be a "perfect time", you just have to take the leap. You won't regret it. The magic of the program is that while you're learning new skills and being challenged daily, it never feels forced. It's fun, engaging, and professionally run - and it wasn't until I looked back that I realised just how much I'd grown.

One of the most meaningful things our captain said was:

"Today our shipmates leave us, but though they leave Young Endeavour, Young Endeavour will never leave them."

And that's the truth. I carry the lessons, the friendships, and the confidence I gained with me every day.

Final Reflection

"People won't remember what you said or did - they'll remember how you made them feel."

That quote stayed with me throughout the voyage. On Young Endeavour, we all made each other feel valued, capable, and connected. I'm proud of how far I've come, and even more excited for what's ahead.

For anyone considering it: this isn't just a voyage. It's an experience that will change you - for the better.

Whitby Collins, Year 11



Zonta Young Women In Leadership

Congratulations to former Toormina High student and School Captain (2023), Maya Farmer, who is the 2025 winner of the Zonta Young Women in Leadership Award for the Zonta Club of Melbourne on Yarra.

The Zonta Young Women in Leadership Award recognizes young women aged 16-19 who demonstrate leadership in public policy, government, and volunteer organisations. The award encourages young women to continue participating in public and political life.

Maya's application showed that she is already an outstanding contributor to society and a strong young leader.

During her schooling Maya was School Captain, Lions Youth of the Year 2023 and an accomplished public speaker. She also started an environment club at school and became involved with School Strike 4 Climate and AYCC (Australian Youth Coalition for Climate).

At the end of 2023 Maya was awarded a prestigious Hansen Scholarship to the University of Melbourne. At university Maya has continued her climate activism. She is one of 9 young people who have made a formal complaint to the UN Special Rapporteur for Climate Change that the Australian government lack of action on climate change is breaching their human rights - a project called 'Generation Justice'.

Zonta has a climate action arm and Maya will speak to the next Zoom meeting of Zonta Says Now at 3pm Saturday 14 June about her work with 'Generation Justice'.

She hopes to pursue a career in environmental law and public policy, where she can continue advocating for systemic change. Maya's dedication, leadership, and courage make her a role model for young people everywhere.

Anita Milne, English Teacher

Zonta Says NOW Australia

IS THIS THE GENERATION WITH THE 'RIGHT STUFF'?

THINK TANK on Saturday 14 June

1.00-2.30pm WA | 2.30-4.00pm SA, NT

3.00-4.30pm ACT, NSW, Qld, Tas, and Vic

Is the Australian government's lack of ambitious action on climate change breaching human rights?

Generation Justice thinks so.

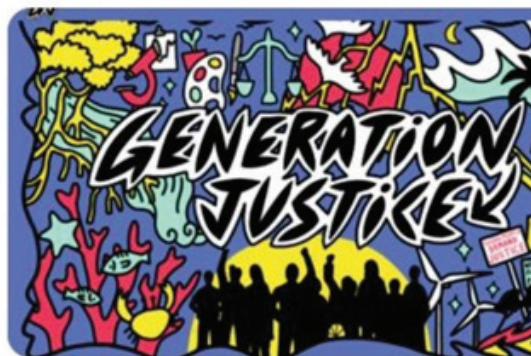
But what can a group of nine young people do about it? A lot - and making a formal human rights complaint to the UN Special Rapporteur on Climate Change is just the start.

Maya Farmer, a Zonta Young Women in Leadership awardee, is one of the nine young people making waves.

Join Maya and her friends for this not-to-be-missed conversation.

REGISTER HERE

BUILD A BETTER WORLD
FOR WOMEN AND GIRLS



zontasaysnow.org.au/think-tank

P&C Fundraiser

A huge thank you to the incredible parents, carers, and staff who generously gave up their time to support our P&C by helping run the Bunnings BBQ on Sunday 11th of May. Despite the rainy weather, your dedication and community spirit shone through, and we are so grateful for your efforts!

Events like these not only raise important funds for our school but also strengthen the wonderful sense of community we're so proud of at THS. The funds raised will go directly toward student resources and initiatives, making a real difference in the daily lives of our students. We are continually inspired by the willingness of our school community to show up, get involved, and give back. A heartfelt thanks once again to everyone who helped make the day such a success!

Toormina High School P&C Association

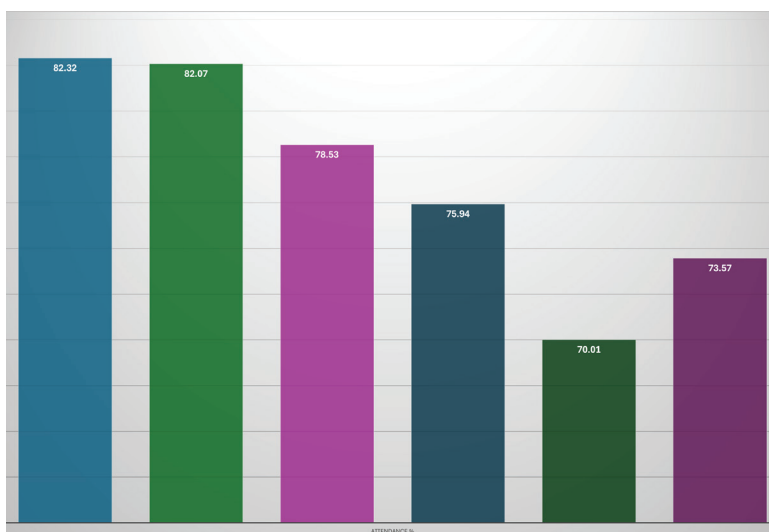


Calculators For Exams

As exams approach, students are reminded to bring their own calculators, particularly for Mathematics. The preferred model is the Casio fx82AU PLUS II, however, any Scientific model should be capable - any calculator is better than no calculator.

Calculators are available for purchase at the THS front office for \$35.

Parents and carers having difficulty providing a calculator can contact the Year Advisor or Head Teacher Wellbeing to seek assistance. Thank you for your continued support in helping our students succeed.



Attendance Update

Thank you to all our parents and carers for your continued support in explaining student absences – your efforts have led to a noticeable improvement! Congratulations to the 319 students who received an attendance award last term – well done! A special shoutout to Irwin House for winning the Attendance League! Current attendance rates are: Year 7 - 82.32%, Year 8 - 82.07%, Year 9 - 78.53%, Year 10 - 75.94%, Year 11 - 70.01%, and Year 12 - 73.57%. Let's keep working together to improve attendance across the school – every day counts! We're aiming high this term, and with everyone's help, we can see even more students recognised for outstanding attendance. Let's stay motivated and make the most of every learning opportunity!

Tim Warner, Attendance Officer

NEWS LETTER

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Coffee Shop

Save the date - Get ready for a delicious celebration of culture and community! Our next Inclusive Education and Senior Hospitality Coffee Shop will be on Thursday 29th May. In recognition of Reconciliation Week, we're proud to present a special menu featuring native Australian ingredients in every food item sold, celebrating and honouring the rich culture and traditions of our Indigenous community. Open from 10am - 1:30pm. Everything still \$4.50, Cash or card accepted. Everyone welcome, we hope to see you there!
Natalie Lumley, Inclusive Education Teacher





**THURSDAY 29TH
MAY
10AM - 1:30PM**

**INCLUSIVE EDUCATION &
SENIOR HOSPITALITY
NATIVE INGREDIENTS COFFEE SHOP**

SOMETHING SWEET \$4.50	SOMETHING SAVOURY \$4.50
<ul style="list-style-type: none">• FINGERLIME DRIZZLE CAKE (GF)• DAVIDSON PLUM CHEESECAKE• WATTLESEED AND CHOCOLATE COOKIE• KUNZEA MELTING MOMENT W/RASPBERRY ICING• WARM RIVERMINT BROWNIE W/ ICE-CREAM	<ul style="list-style-type: none">• WARRIGAL GREENS, SALT BUSH, SUNDRIED TOMATO & FETA FRITTATA (GF)• PEPPERBERRY, BEEF AND NATIVE THYME SAUSAGE ROLL• BUSH TOMATO, CHEESE AND CHIVE SCONES W/BUTTER
SOMETHING HOT \$4.50	SOMETHING COLD \$4.50
<ul style="list-style-type: none">• CAPPUCCINO• LATTE• FLAT WHITE• LONG BLACK/ SHORT BLACK• MOCHA• HOT CHOCOLATE• TEA (ENG BREAKFAST/EARL GREY/ PEPPERMINT)	<ul style="list-style-type: none">• MILKSHAKES (CHOCOLATE/CARAMEL STRAWBERRY/VANILLA)• ICED COFFEE• ORANGE JUICE• APPLE JUICE• LEMON MYRTLE CORDIAL



**DEVELOPING VALUABLE VOCATIONAL SKILLS AND
CONFIDENCE AMONG OUR STUDENTS
WE APPRECIATE YOUR SUPPORT!**



Toormina High School P&C Fundraising Pie Drive

**Please use the attached form to order your pies.
Copy and share the form with friends, neighbours, and colleagues.**

Payment can be made by Direct Deposit or Cash \$\$

Important Info:

Order forms and payment due by: Friday 6 June 2025

Return forms and cash to: school front office or canteen.

**If paid by Direct Deposit to BCU account: "Toormina High School P&C"
BSB 533 000 Acc 02098302, email forms to: toorminahighpandc@gmail.com**

Pie collection date: Tuesday 24 June between 2.45 - 3.15pm.

Thank you in advance for your support. We really appreciate it!

Toormina High School P&C Committee





PIE DRIVE ORDER FORM

Return Form & Money By: Friday 6th June 2025

Standard Size Pies 220g		Price	Qty	Sub Total
A	Beef Steak Pie	\$4.50		
B	Curry Steak Pie	\$4.50		
C	Steak & Mushroom Pie	\$4.50		
D	Steak & Kidney Pie	\$4.50		
E	Steak & Potato Pie	\$4.50		
F	Steak Cheese & Bacon Pie	\$4.50		
G	Angus Chunky Steak Pie	\$4.50		
H	Angus Chunky Steak & Pepper Pie	\$4.50		
I	Angus Chunky Steak Dianne Pie	\$4.50		
J	Chicken Mornay Pie	\$4.50		
K	Chicken Curry Pie	\$4.50		
L	Vegetable Mornay Pie	\$4.50		
M	Apple Pie	\$4.50		
N	Large Beef Sausage Roll	\$3.50		
O	GLUTEN FREE Mince Beef Pie	\$5.50		
P	GLUTEN FREE Chunky Steak Pie	\$5.50		
Q	GLUTEN FREE Chunky Steak & Pepper Pie	\$5.50		
R	GLUTEN FREE Chicken & Vegetable Pie	\$5.50		
S	GLUTEN FREE Vegetable Mornay Pie	\$5.50		
Standard Pies Total				
Family Size Pies 700g		Price	Qty	Sub Total
T	Beef Steak Pie	\$13.00		
U	Angus Chunky Steak Pie	\$13.00		
V	Steak & Potato Pie	\$13.00		
W	Steak Cheese & Bacon Pie	\$13.00		
X	Chicken & Vegetable Pie	\$13.00		
Y	Apple Pie	\$13.00		
Family Pie Total				
Standard Pies Total				
Family Pie Total				
ORDER TOTAL				\$

Name: _____ Year: _____

Phone: _____

Payment Method (please circle): Cash Direct Debit

Cash - Pie Drive Box at THS Front Office or Canteen

Direct Debit - Toormina High School P&C, BCU : BSB 533 000 Acc 02098302

Email forms if paid by Direct Deposit to: toorminahighpandc@gmail.com





The NSW Department of Education, Arts Unit
and the Coffs Harbour Network of Schools
present

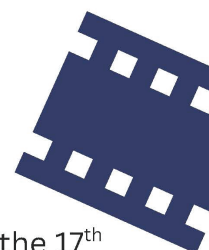


FILM by the JETTY Student Film Festival

2025

Enter NOW!

- **Film by the Jetty** is a student film festival open to all NSW Department of Education school students from Kindergarten to Year 8.
- Films can be entered by a school OR individual students can enter their own films. Films do not have to be made at school.
- Rules? There are some rules, such as the 3.5 minute maximum film length and no breach of copyright - please email for a copy of the 2025 handbook which details all you need to know!
- Films can be filmed on a phone, iPad or any digital filming device.
- **Films DUE: Friday 15th August 2025**
- Selected films will be screened at the Jetty Memorial Theatre on Wednesday the 17th and Thursday 18th of September at a **RED CARPET** event and there will be prizes for the best films!



So, what are you waiting for? Let's get filming!
For further information contact Paula Buttenshaw,
at Karangi Public School on ph: (02) 6653 8284 or
email: karangi-p.school@det.nsw.edu.au
or visit the NSW DoE Film By website at:
<https://artsunit.nsw.edu.au/film-by>

order your school photos now

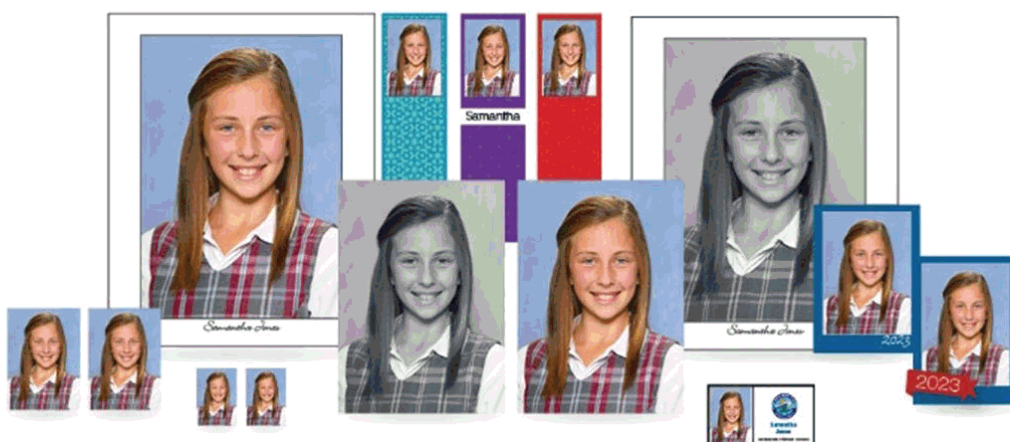
to order visit: www.advancedlife.com.au

enter code: NQ8 Q89 HA5



scan to order

or collect a cash order envelope from your school office



advancedlife
school photography & print specialists



WAYNE GLENN MEMORIAL CHARITY GOLF DAY

FOR MEN'S HEALTH

FRIDAY 13 JUNE 2025

4 Person Ambrose | Shotgun Start 11:30am



SPONSOR TEAM ENTRY
\$500

4 players x 18 holes golf,
2 x cart hire, your company
banner on a hole
& post game platter

TEAM ONLY ENTRY
\$300

4 players x 18 holes golf
& post game platter
(cart hire additional)

CANDO WAYNE GLENN MEMORIAL CHARITY GOLF DAY

ENTRY FORM

Please return your completed entry form to:

Coffs Harbour Golf Club

Email: Reception@coffsharbourgolfclub.com.au



Please note: registration fees must be paid at time of booking

ENTRY (Please Tick)

Sponsor Entry \$500 (Carts included) ☐

Team Entry \$300 (Carts not included) ☐

Do you require Carts @ \$45 twin share **Y/N** How many? **1/2** (Nb. Carts are limited)

ORGANISER'S DETAILS

Organisers Name:

Company/Team Name:

Email:

Phone:

Address:

TEAM PLAYER DETAILS -

PLAYER 1:

PLAYER 2:

PLAYER 3:

PLAYER 4:

PAYMENT DETAILS

Total Payment:

Payment by: credit card (surcharge applies) cheque direct deposit/on Invoice

Cardholders Name:

Credit Card Number:

Expiry Date: / /

Card Holder Signature:



Assisting patients that are attending the Mid North Coast Cancer Institute who are struggling financially due to their cancer diagnosis.