**2016 YEARS 7 – 10 EXCURSION – 5 DAY SKI PROGRAM IN JINDABYNE**

24 May 2016

Dear Parents/Carers

The ski excursion is coming up quickly and there is much excitement amongst students and staff. However, before we can embark on our adventure all students must complete a medical and consent form. The information that Jindabyne Sport and Recreation Centre needs about your child includes:

Medical conditions

Food related allergies

Special diets

Medication

Emergency contact details

Media consent

Toormina High Jindabyne School and Sport and Recreation Centre need you to complete this form on behalf of your child. The form is available on line and is easy to complete. Once you submit the form the information is sent to the centre so the staff can prepare for your child’s visit.

<https://sportand>recreation.nsw.gov.au/facilities/medicalandconsentform

It is vital that you enter the following details to complete the online form by 31/07/2016

Booking Number: **480335**

Booking Start Date: **21/08/2016**

Booking venue: **Jindabyne Sport and Recreation Centre**

If you are unable to complete this form online a hard copy can be collected from the school office

For information on camp life go to: **sportandrecreation.nsw.gov.au/schoolcampparentinfopack**

You can also find the link to sport and recreation student information form and parent pack on the THS website and Skoolbag.

The **third payment is due** and all students should now have **paid $600**, if you have an outstanding amount please pay this promptly. Please be advised that payments can now be made on line by accessing the ‘Make a payment’ link on the school’s website at www.toormina-h.schools.nsw.edu.au.

The payment schedule is as follows:

|  |  |  |  |
| --- | --- | --- | --- |
| **Term** | **Week** | **Date** | **Amount Due** |
| Term 1 | Week 4 | Friday 19th February | $200 |
| Week 7 | Friday 11th March | $200 |
| **A running total of $400 must be paid by the end of Term 1 (8th April) 2016** | | |
| Term 2 | Week 4 | Friday 20th May | $200 |
| Week 7 | Friday 10th June | $200 |
| **A running total of $800 must be paid by the end of Term 2 (1st July) 2016** | | |
| Term 3 | Week 1 | Friday 22nd July | $200 |
| **A final total of $1000 must be paid by Friday 22nd July 2016** | | |

Many of you will be looking to ensure your child has adequate clothing and other essentials. Attached is a list of, “What to Pack.”

Please note students are **NOT** permitted to bring their own equipment.

Closer to the date more information will be provided regarding contact numbers, accompanying staff, valuables, reminder of drop off and pick up times and general camp expectations.

If you have any further questions please contact the appropriate excursion coordinator for your child’s year

* Years 7 and 8 Mrs Johnston
* Years 9 and 10 Mr J Anderson

Dr Joanne Bellette Susan Winsor

Relieving Principal Relieving Head Teacher Welfare

**What to pack**

**Luggage**

One piece of luggage, a sleeping bag and a small day backpack is recommended per child. These should be clearly marked with your child’s name, address and phone number.

Remember, your child will have to carry their luggage so it’s good to make sure it’s not too big or heavy. Items needed on the trip should be packed in the backpack.

**Checklist**

Please label all clothing, towels and sleeping bag with your child’s name.

* Shorts and t-shirts (no singlets, sleeveless or midriff tops)
* Jeans
* Jumper and tracksuit pants
* Raincoat
* Warm jacket (winter only)
* Three layers of warm clothing (winter only, or all-year round at Jindabyne, Borambola, Lake Burrendong and Lake Keepit)
* Pyjamas
* Swimming costume and rash shirt
* Sunscreen, sun hat and sunglasses
* Two pairs of running shoes (one old pair to wear in the water)
* Toiletries, soap, lip balm and insect repellent (no aerosols)
* Two towels
* Pillow, sleeping bag or doona and two single flat sheets
* Day backpack
* Paper, pens or pencils
* Plastic bag for dirty or wet clothes
* Medications (if required)
* Handkerchief or tissues

Centre staff hold senior first aid accreditations and can administer first aid, if required. If your child requires medical assistance, they will be taken to the nearest medical centre or hospital and we will notify you. In case of emergencies, parents can contact the Centre between 8.30am and 5.00pm Monday to Friday. Jindabyne Sport and Recreation Centre: 02 6450 0200