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**Term 1 Sport Selections 2017**

Sport selections for term 1 will take place on Wednesday 1/2/2017 (Wk2, term 1). The table below is an outline of the sports being offered and each sports requirements and costs. Please discuss your selections with your child/parents/ guardians before committing to a sport. Remember you may not get your first choice so have a backup sport ready in case you miss out on your first preference this time.

Please note all year 7 students take part in a school based sport program during terms 1, 2 and 3 and will not select a sport until the end of term 3. This is to develop their skills and knowledge in various sports before joining the rest of the school sport program.

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| SPORT | DESCRIPTION | COST PER WEEK |
| Field games  | **Walk to/from Toormina Oval-** Touch, Frisbee,Vortex, T-ball, Soccer, Cricket etc | FREE |
| EisteddfodDance  | For all students that would like to participate in dance and prepare a routine for the school eisteddfod group. Eisteddfod performance will be optional.  | FREE |
| Chess/ Board games | **At school-** A variety of board games and card games | FREE |
| Gym Activities | **Bus to/from Coffs Coast Health Club-** The use of cardio equipment and weights. | $4 for bus$8 for activity |
| Superstar sports | **Bus to/from Coffs Health Club (spring loaded).** Gymnastics and trampoline activities | $4 for bus$8 for activity |
| Walking/ Beach Games | **Bus to/ from Jetty/ sawtell beach.** Beach walking and various beach sports and activities. **No swimming allowed** | $4 |
| Ice Skating | **Bus to/from The Big Banana**- Skates hired at venue each week. Beginners welcome- Training frames available (no extra charge). Students may wear long pants for protection. | $4 for Bus$6 for Activity |
| Indoor Games | **Bus to/from Indoor Cricket Centre –** Students participate in a range of indoor games. | $4 for Bus$4.50 for activity |
| Kegal | **Bus to/from Kegal (9 pin bowling)–** Rotate through match games with your team, against other teams from our school group. | $4 for Bus$4.50 for activity |
| Surfing | **Bus to/(Various) – Must provide own Surfboard/Body Board, Swimmers and Rash Shirt.** Flippers are optional. For safety reasons, students **MUST have completed and passed the THS Surf Survival Course or OSSA prior to entry** into Surfing Group. | $4 for Bus |
| Learn to Surf | **Bus to/from Beach**- Students will be taught how to surf or Stand Up Paddleboard by instructors. Board and rash vests provided. **Initial one off cost of $80** **required by the end of week 4 or student will be withdrawn.**  | $4 for Bus$80(to front office)  |
| Tennis | **Bus to/from Sawtell Tennis Club** – Students participate in group Coaching and Activities under instruction from Qualified ATA Coaches. **Own Tennis Racquet preferred but can be borrowed if necessary.** | $4 for Bus$5 for activity |