

EARLY STARTERS!	natural yoghurt bowl topped w/ fruit +granola		3.90
Mini brekkie wrap scrambled egg bacon hash brown			3.90
	Buttered toast + vegimite/peanut butter		2.90
	Hash brown		1.00
	Thickcut fruit toast per slice		1.90
	Junior BLT bacon+lettuce+tomato+mayo		3.90
	Junior BLAT + avocado		4.90
	Mini bacon+egg toasted muffin		3.90
	Asstd. homemade muffins banana bread health bars		
	Barista coffee+hotchoc and more		
HOT AND HOME BAKED	·		
	range of pies fr;		3.90
Incl. renowned 'woody' nachos, sweet potato, slow cooked pies			
Mini sausage roll			.90
Boambeeburger-mini roll+pattie+salad+sauce+relish			5.50
Sawtellburger-battered hoki+garlic mayo+salad			5.90
Toormiburger-crumbed chicken+garlic mayo+salad			5.90
Sweetcorn+zuchini fritters X3+salad+avosourcream			5.90
	Toastie of the day		4.90
WRAPS			
ran	ge of freshly made wraps and rolls	fr:	3.90
_	tarian salad bowl topped with deepfried tofu cubes		4.90
Chicken salad bowl topped with warm crumbed chicken			4.90
Hot w	veather daily salad with Asian flavours		4.90
WEEKLY SPECIALeach week from a different cooking culture a hotfoodbowl			
With some rice/noodles or other carbs			4.90

PLUS+++ milkshakes+juices+slushy+full range of barista coffee

Watch out for *Frivolous Thursdays....*from that 'sometimes food' list!

If you have any special dietary needs please contact us in advance for your needs

Grab a flyer or check facebook for our **streamlined pre-order menu**[online soon!]