



Bystander Awareness Workshop



Last week, twenty male year 11 students from Toormina High School participated in the Bystander Awareness Workshop.

We looked at the ways we can safely prevent, challenge and respond to gendered violence and harassment that we may come across in our community. We also discussed situations and the different options available to us as bystanders. The more prepared a bystander is, the more likely they are to choose to safely support someone rather than do nothing.

It is one thing to ask young men to take a stand against violence, but another to make sure they have the tools with which to take such a stand.

So the workshop equipped us with practical tools that we can take with us into real world situations we may face. These included direct, indirect, distraction and protocol interventions.

Having done the workshop, we are now here to Take a Stand Against Domestic Violence. We are the next generation of young men who are going to take an oath of ending the silence of men's violence against women.

Hunter Bake-Smith, School Captain 2018

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TERM 4 | WEEK 8 | December 2017

2018 MUSIC TUITION



Toormina High School in conjunction with the Coffs Harbour Regional Conservatorium are offering in-school instrument tuition in piano, drums, vocal, strings, guitar and woodwind for next year. Students who take up tuition benefit from professional and experienced instrument tutors as well as instrument tutorial room facilities at the school.

A selection of Conservatorium tutors held a concert last week in the library to showcase what they offer. If you would like to take up instrument tuition please contact Mr McGeary.

All enrolments must be in by the Friday week 9 to start tuition in term 1 2018.

Drew Gilchrist, a Year 11 Toormina High School student, in photo above playing clarinet, is currently taking part in a 3 day workshop as a member of the Regional Youth Orchestra. The workshop concludes with the Artstate concert, showcasing the orchestra's broad talent.

The Regional Youth Orchestra NSW is an audition-based youth orchestra of talented students from NSW Regional Conservatoriums, delivering unique opportunities for its members to play and perform with other regional youth musicians and to learn from leading conductors, orchestras and performers from Australia and the world.

We have uploaded a short video onto the THS Facebook page of Drew playing his clarinet with our 'in school' Coffs Harbour Regional Conservatorium tutors in the Toormina High School Library last week (photo above).

Drew is a very talented musician who has already played with the Australian Youth Orchestra in the Opera House, and is now on his way, studying Music 2 and Music Extension for the HSC!

Year 7 Information Evenina

On Tuesday 21st November, we welcomed new and existing families of students who will be transitioning into Year 7 in 2018. Parents and future students were offered tours of the school campus, saw demonstration classes in Electronics and Music and were catered for by the school's Hospitality team.

Important Year 6 into 7 2018 Transition Dates:

- Tuesday December 5: Orientation Day for all students
- Friday December 8: Yr 7 Scholarship applications close
- Tuesday January 30 2019: First Day, Year 7



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TERM 4 | WEEK 8 | December 2017

2017 Northern NSW Philosothon

This term Toormina High School had the pleasure of sending twelve students to participate in the 2017 Northern NSW Philosothon. This gives students the opportunity to discuss philosophical questions and topics with their peers, while engaging in a higher order of thinking. Students are marked on skills which they exhibit during the conversations such as their ability to open the discussion, explore the topic using critical thinking, oral expression, their use of pertinent examples, analogies or thought experiments, and the tools which they use to develop ideas and drive the conversation forward. Toormina High School entered teams in the Junior and Senior divisions.

Although most students were participating for the first time they displayed a plethora of skills which enabled our junior students to be awarded runners up for the competition. Sophie Genge (Year 8) was awarded the 'Spirit of Philosothon' Medallion and received runner up for 'The Philosophers' Philosopher' award. Mariah Anderson (Year 8) was awarded runner up for 'Most Promising Philosopher'. In the senior division, Oriana Watts (Year 10) was awarded the 'Spirit of Philosothon' award, while Ella Burgun was given a special mention by judges. We are exceptionally proud of their achievements and will continue to foster and develop these skills.

Bree Taylor, Philosothon Coordinator

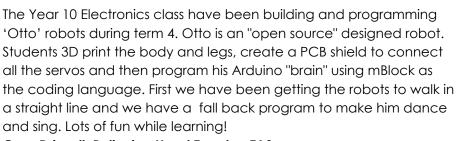




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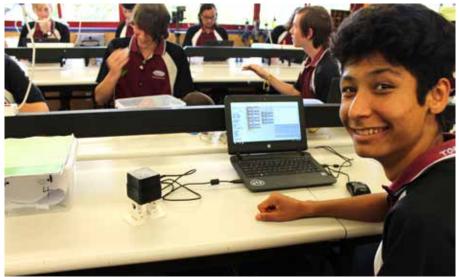
TERM 4 | WEEK 8 | December 2017





Greg Driscoll, Relieving Head Teacher TAS









TERM 4 | WEEK 8 | December 2017



Building SPEAKERS

Year 9 Electronics have been busy this term completing their Bluetooth Speaker projects. This is an egaging project as students learn about amplifiers, batteries and bluetooth control. The components come as modules that are plugged into a mounting board that the students create themselves. They are able to design their own housing to be cut on the laser cutter so it is a personalised product.

Greg Driscoll, Relieving Head Teacher TAS



Building BIRD HOUSES

Year 7 Technology Mandatory students are working on a bird house utilising a number of technical skills and machinery. They have been able to embellish the design in a variety of ways, with some students using paint, a soldering iron to burn a design or permanent markers. Some of the designs will include an eco-garden roof!

Tanya Cheers, TAS Teacher



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TERM 4 | WEEK 8 | December 2017



Forensic Science

Our year 10.1 and 10.2 science classes had an insight in to the real world of forensic science last week via a presentation by the Coffs Harbour Crime Scene Unit of the NSW Police Force.

The students are currently studying 'Forensic Science' and Mr. Daniel Laing said 'there is no better way to gain an in-depth appreciation of this complex and multi-disciplinary subject, than to have a specialist come into the school and give an account of the fascinating world of forensics.'

The 2018 Year 7 Extension Class



The 2018 Year 7 Extension class visited Toormina High School for an Orientation Day last week. Students from seven local primary schools were successful in gaining selection and enjoyed a variety of activities. These included: a STEM rocket balloon challenge, a language and literacy challenge, and the famous Amazing Race. The students had a great day and are very excited about starting high school next year. The 2018 Year 7 cohort will be participating in their official orientation day next tuesday.

Adam Berrada, 2018 Year 7 Adviser

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HIGH SCHOOL

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TERM 4 | WEEK 8 | December 2017

Financial Literacy Course



The Smith Family delivered a Financial Literacy Course at Toormina High School on Friday 17th November and Friday 24th November.

Some of the topics covered included: setting financial goals, creating a budget, developing a savings plan, how to better understand credit and debt traps, understanding taxation and basic superannuation and the role of regulators such as the ACCC and ASIC and how they can help with financial matters.

11 Year 10 students attended the 2 day course and all will recieve a Certificate 1 for their efforts. Thanks to Darrin Allen (Programs Coordinator, Learning for Life) from the Smith Family

and Tiffany Paul (teacher) for delivering the program.



AIME
Year 7 and
8 ATSI students
participated in
an Australian
Indigenous
Mentoring
Experience
(AIME) workshop
that looked at
connecting students
with Mathematics
and Science.
Students designed
an on-line game.

TERM 4 | WEEK 8 | December 2017



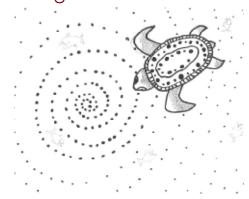
SCU Discovery Day

A group of Year 11 students recently attended the Southern Cross University Discovery Day which provided them with the opportunity to explore the range of courses being offered by SCU. Students also learnt about university life in general, the Star Early Entry Scheme, costs and scholarship opportunities. They enjoyed the information sessions and the question and answer panel with current SCU students.

Robyn West, Careers Adviser



Congratulations Jasmine!



We have finalised the selection process for the Coffs Harbour Hospital Project artworks and can confirm that **Jasmine Siebert**, Year 7 at Toormina High School, has been selected for her artwork attached. The artworks were chosen on how they best suited the brief for the project.

There were three artworks from Orara High School selected, one from Alesco School, one from Toormina High School and one from Coffs High School.

Please pass on my congratulations to Jasmine!

Jane Tavener

Social Enterprise Coordinator, National Aboriginal Design Agency



Year 8 Drama have

been learning about characterisation, body movement and team building over the last few weeks. Today's double period involved lots of laughter, breaking into groups and rotating through a range of activities including character profiling, celebrity heads and twister!

Brock Janssen, Drama Teacher

TERM 4 | WEEK 8 | December 2017



State Debating Championships



Ryan Gilchrist, a year 9 student, flew to Sydney on Monday as part of the North Coast Regional Representative team at the Junior State Debating Championships. The team was selected from students as far south as Buladelah and north Tweed Heads.

Ryan took part in all four round-robin debates, with the team defeating the Western Sydney Region and the Riverina Region in Pool A. Unfortunately the team were defeated twice, which put them out of contention for the semi-final knockout draw.

Ryan was a stand-out speaker for the North Coast team and is to be congratulated on his conduct and representation of Toormina High School at the State Championships.

Sally Johnson, North Coast Debating Coordinator/Coach

Thanks COFFS COAST HEALTH CLUB



We would like to thank COFFS COAST HEALTH CLUB for their continued support. The gym provide staff with two after school exercise classes every week for our staff, photo left with one of their trainers, Mel Silvester.

Quote below from the Club, Coffs Coast Health Club - we love having you all in here! Teachers are the cornerstone of our community & how can you shape the future leaders positively if you're not in good health yourself? We're all very proud of you & you've definitely earned your summer school holidays.





TERM 4 | WEEK 8 | December 2017

School Based Apprenticeships and Traineeships

What is an SBAT?

School based apprenticeships and traineeships (SBATs) provide students with the opportunity to attain a nationally recognised Vocational Education and Training (VET) qualification and their Higher School Certificate (HSC) while gaining valuable work skills and experience through paid employment.

For a school based apprenticeship or traineeship to commence, there must be a Board Developed or Board Endorsed HSC VET course available which outlines the HSC unit credit and NESA requirements.

School based apprenticeships and traineeships usually start at the end of Year 10 or the beginning of Year 11.

At present we have the following students engaged in an SBAT:

BUPA MAXIMA Business Services Tiffany Seymour CH Carpet & Tile Court Kylani Rann **Business Services** Percy-James Avuri-Williams **CH City Council Primary Industries** Jasmyn Newcombe Aust Training Co **Sports Coaching** Maton Davey Sawtell Catholic Care of the Aged Hospitality

Sawtell Catholic Care of the Aged

Tyler Brunton **Primary Industries** Ryan Pemberton Warehousing Operations Reece Plumbing

Titenara Donovan Mid North Coast Health **Human Services**

Trinity Kirkman Ella Bache **Beauty Services**

Noah Boorman Reece Plumbing Warehousing Operations

Zenoha Morvant Mid North Coast Health **Business Services** Jelena Layton Sailor Mid North Coast Health **Human Services**

For enquiries regarding SBATs please contact Robyn West in the Careers Office.

Some of the SBATs available at present are:

Hospitality Coffs Harbour Airport Community Services Sawtell Aged Care Horticuture Costa Berries, Corindi

Business Services Australia Post (Indigenous SBAT) North Coast TAFE (several available) **Business Services**

Retail Services Office Supplies Mid Coast Connect Horticuture

Photos show Tiffany Seymour at Bupa and Ryan Pemberton at Reece Plumbing Supplies.





TERM 4 | WEEK 8 | December 2017



EXCELLENCE AWARD for LUKE



Luke Field , Year 10 student, is being recognised for his achievements in the sport of tennis by the presentation of the North Coast Combined High School Sport Recognigion Award for Excellence 2017.

Luke has represented the North Coast in tennis over the last four years, being selected as the number one player for the past three years.

This year, at the NSWCHS Tennis Championships, Luke and the North Coast team won a Silver medal. This is the best result the North Coast have had at the CHS Carnival since 1993. Luke also made the NSWCHS 2nd Tennis Team.

Outside of school, Luke has represented the Northern NSW at state carnivals and has achieved a National ranking inside the top 400.

Luke is a polite and respectful student who has always represented the region with distinction

these qualities have made Luke a worthy recipient

Adam Berrada, PDHPE Teacher

of this award, well done.

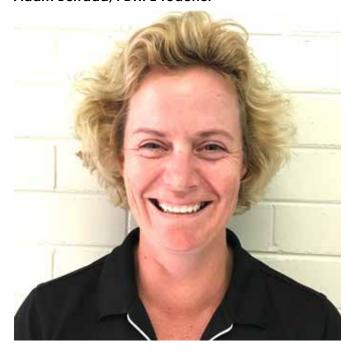




Photo above shows Billy Briggenshaw, Year 10, enjoying work experience at **Toormina Community Pre School**. THANK YOU to the team there for enabling our students to gain valuable wxperience.

Toormina High School parent (and former student), **Debbie Rann**, is shaving her head as part of 'The World's Greatest Shave' to raise funds to beat blood cancer.

Debbie is shaving her head on December 6, if you would like to support her please drop a donation into Frontline Hair Design in 1st Avenue, Sawtell, Great work Deb!

TOORMINA
HIGH SCHOOL

CREATING OUR FUTURE

TERM 4 | WEEK 8 | December 2017



2017 THS Oztag World Cup

This term Toormina High School ran the inaugural THS Oztag World Cup. This was a lunchtime competition held on Tuesdays and Thursdays. Students from years 7/8 and 9/10/11 organised their own teams and competed in a round robin format over 4 weeks. The competition was hard fought and the skills and sportsmanship displayed by all teams was exceptional. The Whale Squirrels took out the year 7/8 competition and the Snakes were the winners in 9/10/11 competition.

A special mention goes to the student referees: Liam Hand, Jordan Chapman, Annalise Galvin and Ee Nuon who did a phenomenal job officiating the matches. Without their assistance the competition could not have run. Congratulations to all students who got involved! The winners of the year 9/10/11 contest, The Snakes, have also thrown out a challenge to the mighty THS Staffies later in the term. This is sure to be a hotly contested game, stay tuned for more details.

Kyah Schwartz, PDHPE Teacher

Please donate
any unwanted
uniform items
to Mrs McRae,
Head Teacher
Wellbeing
All donations gratefully
received!



World Rally Tour

Rally Australia invited students from the school to go to the service park during the World Rally event in Coffs Harbour recently.

Students were taken on a guided tour around the park to show students what takes place during servicing and the costs involved in bringing international teams to Australia. Toormina High School would like to thank the organisers of the event for giving students this opportunity.



TOORMINA HIGH SCHOOL

TERM 4 | WEEK 8 | December 2017

Principal's Column

On Saturday, I had the privilege of attending the Coffs Harbour White Ribbon Day celebrations at The Surf Club at Park Beach. Hunter Bake-Smith, our school captain spoke so eloquently about the Bystander Awareness Training that he had recently completed and his commitment to ending domestic violence. His message was extremely powerful and demonstrated the capacity of leadership that our amazing students demonstrate every day.

Last week I attended the Parents and Citizen's Christmas dinner. Our P&C is a small but committed group of parents that actively engage in the school to make our school a better place for our students. I would like to thank our P&C for their continued support in 2017 and look forward to an even better 2018.

We held a Year 7 (2018) information evening last

week with over 100 parents attending. Several faculties set up displays of student work with two faculties organising students in to run "mock classes" for parents. Many parents took part in a guided tour led by students of our facilities. It was great to see so many parents excitedly walk around and look at our school. The evening overall was well received with many parents impressed by the number of teachers who were present on the night to answer questions. As we near the end of the year and we start to consider purchasing uniforms, it is timely to remind parents and students that the checked senior girl's singlet top will not be part of our approved uniform in 2018. The P&C decided previously that this item did not provide adequate sun protection to students and as such was not appropriate for school. Please assist us in ensuring that your child does not wear this item in

Despite the run down to the end of the year, the last few weeks of the school year are also the busiest. Thank you to all staff and parents who continue to attend events and activities as we move closer to the end of the year.

Paul Humphrey, Principal

2018.

			IMPORTANT DATES
TUES	28/11 - 1/12	Year 9 & 10	EXCURSION Blue Mountains
THURS	30/11		Support Unit Coffee Shop 10am - 2pm ALL WELCOME!
TUES	5/12	2018 Year 7	Orientation Day
THURS	7/12		School SOCIAL 6:30 - 9:30pm Theme: Black & White
TUES	12/12		Merit & Encouragement Awards Assembly
THURS	14/2		MAJOR AWARDS ASSEMBLY
FRI	15/2		Last day Term 4 2017
MON	22/1		THS Uniform Shop OPEN 9 - 3
TUES	23/1		THS Uniform Shop OPEN 9 - 3
WED	24/1		THS Uniform Shop OPEN 9 - 3
THURS	25/1		THS Uniform Shop OPEN 9 - 3
FRI	26/1		THS Uniform Shop CLOSED
MON	29/1		THS Uniform Shop OPEN 9 - 3
TUES	30/1	Year 7	First day Term 1, 2018
WED	31/1	Year 11 & 12	First day Term 1, 2018
THURS	1/2	Year 8, 9, & 10	First day Term 1, 2018
FRI	13/4		Last day Term 1, 2018

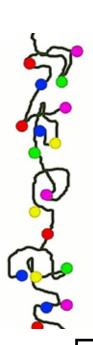
FACEBOOK is a free, easy way to promote the diverse activities and opportunities at Toormina High School.

We like to celebrate success so please 'like' and 'share' our Facebook posts so we can show the world how great our school is! Our page has the school logo.

SPIRIT OF TOORMINA AWARD

Congratulations for showing a fantastic attitude that embodies the Toormina High School philosophy of caring, sharing and participating.

Mostafa Khalili, Aleisha Moxham, Jayme Thomas
Trevor Field, Chloe Harrison-Wickham,
Jordan Chapman, Annaliese Galvin,
Liam Hand, Will Bailey



Christmas Fun in the Botanic Garden

Saturday, 16 December 6.30pm-9pm

North Coast Regional Botanic Garden

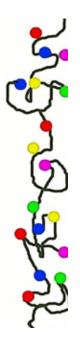
\$5 per family

Games and Prizes for Children (games, crafts and Christmas light trail puzzle)

Café open serving a variety of cakes with tea and coffee, spiders and milkshakes

The Reception Shop will also be open and selling a variety of snacks, drinks and gift ideas

Celebrate Christmas with Grandparents and Children in the Botanic Garden





Parents not Partners

This is a six-session program for separated parents in conflict over their children. It is designed to improve emotional and developmental outcomes for children in separated families by:

- raising parents' awareness of the impact on their children of the ongoing conflict in their family
- providing them with knowledge, tips and strategies to be able to focus on their children rather than on their issues or conflicts with the other parent

Parents will learn:

- ways to better regulate their emotions and to self-care
- ways to help their children manage their emotions
- to recognise the effects of ongoing, mismanaged conflict on children
- skills to better manage conflict with the other parent
- to reorient interactions with their child's other parent to be respectful and cooperative
- to recognise and differentiate between their own and their children's individual needs
- skills to communicate effectively with the other parent
- to reflect on their behaviour and make changes where needed

Tuesday 5.15pm - 7.45pm 2018

9 Jan | 16 Jan | 23 Jan | 30 Jan | 6 Feb | 13 Feb

Cost: \$150 or \$90 concession

Venue: Interrelate Coffs Harbour

Address: 24 Park Avenue, Coffs Harbour

Bookings Essential - Phone 6659 4150

