



## SHARING CULTURE

Two of our staff have recently represented us and their community overseas on cultural programs. We are very proud of Aboriginal Education Officer, Gloria Mercy, and School Learning Support Officer, Darryl Lockwood. These experiences can only enrich our students and our THS community.

**Toormina High School Aboriginal School Learning Support Officer, Darryl Lockwood,** recently participated in the collaborative project 'Stories & Songs of the People', an international Indigenous gathering in the sacred Black Hills of South Dakota in the United States of America. This was an amazing opportunity for Darryl, performing as part of the Gumbaynggirr dance group, Wadja Naalu.

Darryl learnt about the connection between people of different cultures. People shared stories, songs, dances, experiences, cultural practices. They considered what it means to be an Indigenous person today, and also how to be a stronger Indigenous person through wisdom and smarter choices. Elders shared their incredible stories and talked of the cultural obligations to share knowledge. Darryl said the shared experiences of issues like intergenerational trauma has seen the Native Americans focus on encouraging young people to seek out their Elders for guidance to enable development and strength. The need for young people to access this guidance at the time when they are ready to receive it was particularly pertinent to Darryl through his work at Toormina High School.

'Our power, our impact, our ability to help, is not ours to keep but is ours to share' was one of the Elder's philosophy.

**Darryl describes the power of cultural knowledge in combination with a solid education as 'twice as deadly'!**

No doubt our Aboriginal Boys Dance Group and Bro Speak participants will learn and be enriched by Darryl's amazing experience!

**Our Aboriginal Education Officer, Gloria Mercy,** recently performed at the Festival of Australia in Kunming, China, showcasing Aboriginal culture. This festival was organised by the Australian Consulate-General in Chengdu and Yunnan Foreign Affairs Office. What an amazing opportunity!

This experience for Gloria was the fulfillment of a childhood dream. As a young person Gloria had set life goals and one of these ambitions was to dance overseas and share her culture with the world. Her first performance in China meant the achievement of this dream and she danced through tears of joy and pride.

Gloria is a proud representative of her Gumbaynggirr culture and a passionate dancer. Gloria left Coffs Harbour as a young seventeen year old girl to join the Naisda Dance Company in Sydney, an example of her courage and commitment. In her life Gloria has embraced any opportunity offered to her even if she has felt nervous or scared at the time, and continues to set herself goals. This trip, learning about the Chinese culture and the struggles of the people, has enriched Gloria's appreciation of her own culture. She knows she will remember this experience forever and believes that dreams can come true.



## Southern Cross University Head-Start Program

On Wednesday night, 4th September, Mrs Murray (Relieving Principal) and Robyn West (Careers Adviser) attended the SCU Head-Start Graduation at Coffs Harbour Education Campus.



We had 3 Toormina High School students graduate; Year 11 students, Riki Blaikie and Karli Rann for Communication in Organisations and Year 12 student, Tyson Hazelwood for Biology.

Once students complete the program, they are offered entry to a Southern Cross University course when they finish their HSC. This is a wonderful opportunity for students to gain entry to university. Applications for SCU Head-Start 2020 are now open. Go to: [scu.edu.au/headstart](http://scu.edu.au/headstart)

Please see Mrs West in Careers Office for more information

## Regional Champions

Team coach, teacher, Bree Taylor, is very proud of her Girls League Tag team who won three games to become the Regional Champions at the Gala Day last week. The team had no substitute players but played all day to their full capacity with no complaints and great sportsmanship. In the first two games the opposition Grafton and Newman were kept scoreless by Toormina. The final was against St. Joseph's which Toormina won 6-4. The team is to be congratulated!





### Champion of Champions

Tekan Collins, year 9, recently competed in the Northern NSW 14/u Champion of Champions competition. This event comprises the best 32 players from Forster to Tweed Heads and west to Coonabarabran.

Tekan was successful in winning the prestigious event and will now compete at the State Champions event later this year.

We wish Tekan good luck in this event.

**Adam Berrada, PDHPE Teacher**

### Disability Expo



Thank you to everyone involved with the Disability Expo. We had over 25 Service Providers attend the Expo this year and we moved it to the hall, which allowed more space. Special thanks to Mr Wood's Hospitality class for providing coffee and muffins on the day and to Ms Carter for her desktop publishing skills.

Coffs Harbour Disability Services ran a competition to guess the number of lollies in the jar at our Disability Expo. Winners:

1st Prize – Lunch for 2 at our Osprey Restaurant located at CHEC - Jake Hall

2nd Prize – Cut, Colour & Blow dry at our Hairdressing Clinic located at CHEC – Natalie Brewster

3rd Prize – Hot Stone Massage at our Beauty Clinic located at CHEC – Bailey Herring

4th Prize – Pot Plant (Peace Lily) grown and supplied by our Horticulture section located at CHEC – Jack Cuthel

**Robyn West, Careers Adviser**



# NEWS LETTER

Safe Respectful Learners

TERM 3 | WEEK 8 | September 2019



## Plenty of PURPLE!

Toormina High School recently showed support for LGBTQI students by wearing purple. The School Leadership Team also held a cake stall and raised money for the Save the Children Fund.



## Group 2 Junior Rugby League



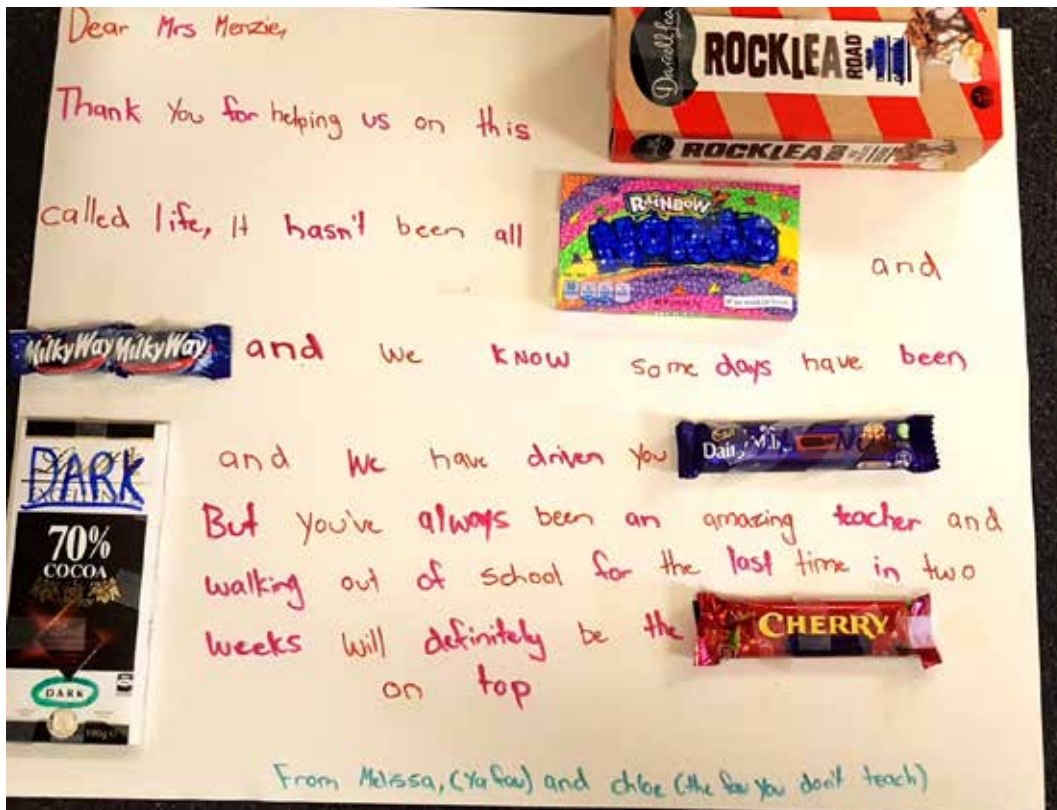
Toormina High School had students playing in Group 2 Junior Rugby League Premier ship winning teams recently.

Jacob Crawley in year 7 was in the Sawtell Panthers Under 12 both Major and Minor Premier winners. Diem Woods, Cooper Latimer and Kynan Whetherall won with the Comets under 14s and 15s teams.

The Under 16s Sawtell Panthers lost a hard fought battle against Kempsey and Boadhi Sjoberg in Comets under 15's. Congratulations to all!



Our **Year 12 Drama** students finished their HSC practical examinations. We are very proud of their achievements!



## THANK YOU Ms Menzies!

Students, by the time they get to year 12, realise how much work teachers do for them. As the end of their secondary education approaches they also realise the relationships they have developed with their teachers over 6 years has been an integral part of their teenage years. The photo shows how two creative students expressed their gratitude to English teacher, Karina Menzies!



Let us know how we are doing...please complete the Tell Them from Me Parent Survey

<http://nsw.tellthemfromme.com/y2hg9>

Survey takes approximately 15 minutes to complete.

Thank You!



### Advanced English HSC Study Day

Last week the Year 12 English Advanced HSC class participated in a Study Day

This day is via a virtual classroom with specialist English teachers from Aurora College running workshops directly with our students on: Shakespeare, T.S.Eliot and George Orwell's 1984.

Photo shows English teacher, Sally Johnson, preparing her students. What a great opportunity!



## TRY A TRI FREE INFORMATION SESSION

**When:** Saturday 21st September

**Where:** Palate & Ply Espresso Bar & Cafe - 1pm  
(37 Vernon St, Coffs Harbour)

**Why:** Coffs Harbour Triathlon Club are seeking to make that pathway a little easier for any prospective members in the community, presenting them with an information afternoon where newcomers can learn what it takes to become involved in the multisport world and compete in their first triathlon.



Anyone interested is invited to participate in this Free informal afternoon, come down and grab a cuppa as we begin with a slideshow presentation on information and conclude with an opportunity to have any queries or concerns answered by experienced coaches, athletes & Coffs Tri Club Committee members. There will be a wide spectrum of subjects covered, from equipment required to participation through to race dates and seasonal costs.

**We encourage anyone that would like to try this sport regardless of fitness or sporting levels.**

### Membership Costs - Triathlon Australia / Coffs Tri Club

Adult - \$120.00 Junior - 12-19 years \$60.00

Sprint One day licence fee - \$25

Short Course One day licence fee \$15.00

Visit our Website for more information: [www.coffstri.com.au](http://www.coffstri.com.au) or contact:

Paul Herring - Club President: 0407 56 351

Peter Timothy - Race Director: 0405 386 034

Alice Williams - Publicity Officer: 0429 267 672



Espresso Bar & Café

**Year 12 Breakfast**  
Each year the TAS faculty organise a breakfast for the year 12 students, parents and staff. This year this will be held on Tuesday, September 24, 7:30 - 8:30am.  
If you would like to attend please **RSVP to the school office, 66533077, by September 17** for catering purposes.



Friday = karaoke  
at lunchtime in the  
library!



## UNIVERSITY INFORMATION SESSIONS

Year 12 students have had representatives from the University of New England, Charles Sturt University, Newcastle and Southern Cross University provide information in the last week.

Please Inform the school, 6533077, if you or your partner change -

- phone number
- mobile number
- email address
- emergency contact details
  - medical requirements/health care plans



**SUMMER  
FUTSAL**  
**COFFS HARBOUR**

Active Kids Voucher Accepted & Payment Plans Available

Age groups & fees:  
Little League (6-8yrs), U-10's, U12's, U14's  
Only - \$145, 13 week season (nothing more to pay)  
**ALL INCLUDED!** Central Location, Professionally Run,  
Family Friendly and much more...

Mondays from 4pm. Starts: 14th October 2019

**SPORT% CENTRAL - COFFS HARBOUR  
SIGN ON DAY  
9th September 2019  
or register online now at:  
[www.northcoastfutsal.com](http://www.northcoastfutsal.com)**





Some of the activities at LUNCHTIME, Thursday, Week B, at THS (from the top) band practise in the Music Room, Philosothon team workshopping ideas in the TLA, preparing for the Sydney excursion in the Support Unit, fun in the sun on the oval and Futsal trial game in the hall.



IMPORTANT DATES		
WED	11/9	Staff meeting 3-4pm
WED	11/9	P&C Meeting, 5:50pm - 7:00pm, all welcome!
THURS	12/9	R U ok?
MON	16/9-20/9	WEEK B
MON	16/9-27/9	Year 11 Examinations
TUES	17/9	HSC Study Series Mathematics Standard 2
WED	18/9	Staff Professional Learning 3-4pm
THURS	19/9	ICAS Mathematics Competition
THURS	19/9	Coffee in the Courtyard, in the THS Support Unit, 10am-2pm, all welcome!
FRI	20/9	Student Leadership Team Training Day and Induction Ceremony, Bonville International Golf Resort
MON	23/9-27/9	WEEK A
TUES	24/9	Year 12 FAREWELL Breakfast 7:30 - 8:30am Assembly - 10:00am Formal Dinner - 6:00pm - 9:00pm, Bonville
WED	25/9	Faculty Meetings, 3-4pm
FRI	27/9	Last day, Term 3
MON	14/10	First day, Term 4, students and staff

### Whitecard Course

Next Whitecard Course will be held in Term 4, Week 6, Tuesday, 19th November. Please let Mrs West or Mr Francis know if you wish to participate. We need at least 15 students.

### Year 10 Work Experience

Next dates are Term 4  
Week 9, 9 – 13th December



1st Sawtell Venturers is a group for youth members aged 14-18 looking for a new adventure. Venturers is a part of the Scout movement. As young adults, we get to make our OWN decisions, go on our OWN adventures, and most importantly, have our OWN fun. We are independent, we learn life skills such as cooking, finance, leadership, social skills, responsible work practices and much more. If you think that you are not much of an outdoors person, don't let this turn you away! I myself enjoy being inside at home but being at Venturers makes you feel as though you are in a whole other world learning new skills and engaging like never before. If you are interested in coming along and trying it out please contact me (Harrison) at sawtyvennies@gmail.com or on Instagram @sawtyvennies !!! You can also come along to our weekly meetings at 8 Lyons Rd, Sawtell, every Wednesday night from 6:30-8:30! I look forward to hearing from you.

Yours In Scouting,  
Harrison Winchester  
sawtyvennies@gmail.com

Please 'like' our Facebook page (look for the school logo) and 'share' our posts - this is a free, easy way to show the world our achievements and activities!  
The THS Library also has a Facebook page.

