

# NEWS LETTER

Safe Respectful Learners  
**TERM 3 | WEEK 6 | August 2020**



## ATHLETICS CARNIVAL 2020

DATES		
Mon	31/8 - 4/9	WEEK B
Mon	7/9 - 11/9	WEEK A
Wed	9/9	P&C Meeting, 5:30 - 7:00pm, all welcome!
Wed	9/9	Virtual Transition Expo for students with a disability
Mon	14/9 - 11/9	WEEK B
Mon	14/9 - 25/9	Year 11 Exams



## ATHLETICS CARNIVAL 2020

Our 2020 Athletics Carnival was held last Thursday with our students finally getting the opportunity to compete in a school based structured sporting activity.

The students behaved to an exemplary standard with sportsmanship there for all to see. As always there can only be one winner with Barramundi finishing first on 778, Marlin with 537, Nannygai 397 and Trevally 385. Year 11 student, Ben Wainwright, equalled the 16 yrs High Jump record.

As there are no CHS events allowed for the remainder of the year. There is no next level.

### 2020 THS AGE CHAMPIONS

**12 Mackenzie Cassidy-Stevens, Kodie Hilton**

**13 Jorja Barnes, Luke Jones**

**14 Shayla Webb, Koban Pavitt**

**15 Casey Cowgill, Max Riddle**

**16 Jade Devir, Ben Wainwright**

**17 Nikia Cain, Malakhi Donvovan**

**Adam Berrada, Carnival Coordinator**

Photo gallery on the Toormina High School website



## COVID 19 Guidelines for Toormina High School

In accordance with advice from Department of Education and NSW Health, parents and carers are NOT to send children to school if they are unwell.

Students sent home due to having flu like symptoms need to be tested for COVID-19.

Students must not return to school until they return a negative COVID-19 result and are symptom free. The negative COVID-19 test result must be sighted by the school prior to students returning.

Email results to [toormina-h.school@det.nsw.edu.au](mailto:toormina-h.school@det.nsw.edu.au)

In accordance with advice from the Department of Education and NSW Health, parents and carers are not permitted on school grounds or at school events unless absolutely necessary.

If you need to contact a member of staff please phone 6653 3077 to make an appointment.

If you need to collect your child or drop an item off to them please press the buzzer on the intercom and a member of staff will be able to assist you.

### Interviews

As there are no Parent Teacher interviews this semester we are in the process of organising a socially distanced alternative. We will notify parents as soon as possible.



### Toormina High School TIMETABLES ONLINE

Students can now look up their timetables online by logging in with their school username & password at this link <https://toorminahs.sentral.com.au/portal2/#!/login>

Alternatively go to the Toormina High School website > Links > Sentral for Students and Staff > Sentral Student Portal.

### PARENT/CARER SURVEY

Please complete this Parent/Carer Survey to assist us in preparing our 2021 - 2024 School Plan

<https://forms.gle/FBFhUNGovPfvcyv39>

### Tomorrow Man & Tomorrow Woman

Following the success of Tomorrow Man workshops at Toormina High School we are very pleased to now host Tomorrow Man AND Woman workshops for our year 9 students.

Tomorrow Man & Tomorrow Woman are about reinventing masculinity and femininity and challenging the narrow rules around what it means to be a man or a woman today. The program aims to disrupt outdated gender stereotypes, strengthen emotional muscle and reinvent a modern more flexible alternative for teens. It is about encouraging healthy traits that strengthen resilience.

This year our students have participated via Zoom. We encourage parents to ask their students about these workshops to explore the impact stereotypes have on us and our boys and girls. These conversations will enable deeper discussions to better understand the pressures of being a teenager and show your support.



### Best Wishes Clancy!

One of our School Learning Support Officers, Clancy Brown, is having a career change and we would like to thank him and wish him all the best!

If you have any changes to phone numbers, emergency contact details, medical conditions etc please ring the school office 66533 077



### THANK YOU

This week is SASS Recognition Week in NSW schools. This photo above, is just SOME of the School Administration and Support Staff who assist and support your student every day at Toormina High School. We would like to show our appreciation for the jobs they do and always with compassion, dedication and enthusiasm.

### THS Debating

Debating has launched again this year at Toormina High School and started with a training day for all Team members. The debates will all be held virtually and it is exciting to compete against students that are outside our region. Good luck to all students competing in debates in the upcoming weeks.

**Sally Johnson,**  
Debating Coordinator



## APPLICATIONS FOR 2021 FUTURE TEACHER SCHOLARSHIPS ARE NOW OPEN

To support teacher education students in becoming the best teachers they can be, each year the NSW Department of Education offers a range of scholarship programs to future teachers.

Applications for the 2021 future teacher scholarship programs are now open.

Scholarship recipients receive a range of benefits, including financial support throughout their teacher education studies and a guaranteed permanent teaching position in a NSW public school on successful completion of their degree.

The 2021 scholarship programs for future teachers include:

teach.Rural Scholarship

Teacher Education Scholarship

Teacher Education Scholarship - Aboriginal

Register for a Teaching 101 webinar with the teach.NSW team to find out more about scholarships and employment opportunities for future teachers with the NSW Department of Education.

To find out more and to apply, visit the [teach.NSW website](https://www.teach.nsw.edu.au).

## SECOND CHANCE CONSENT FORMS available from the school office.



## YEAR 7 VACCINATIONS



Dear Parent/Guardian

If your child has not been vaccinated at the school vaccination clinic and you would like for them to be vaccinated

Our team of specially trained registered nurses will be re-visiting your child's school on 20 October 2020 to offer free vaccinations against serious vaccine preventable diseases.

### Vaccines include:

Human Papillomavirus (HPV) vaccine

Diphtheria-Tetanus-Pertussis (dTpa) vaccine

### What do you need to do?

- ✓ Read Year 7 Vaccination Information Kit
- ✓ Complete the Consent Form in BLOCK letters using a BLACK or BLUE pen
- ✓ Sign the Consent Form for EACH vaccine your child requires
- ✓ Return the signed Consent Form to your child to return to school, as soon as possible
- ✓ Discuss the importance of vaccinations with your child
- ✓ Ensure your child has breakfast on the morning of vaccination

Example of how to complete the consent



The form is titled 'NSW School Vaccination Program' and includes a barcode and NSW logo. It is addressed to the Parent/Guardian to complete in CAPITAL letters using a Black or Blue pen. The form is divided into several sections:

- Student's Details:** Surname: NIGHTINGALE, Given name: FLORENCE, Date of Birth: 12/05/2006, Gender: F, Name of School: WARRIAGE COLLEGE.
- Medicare Number:** 201 820 12 3 (with a box for the Medicare card number).
- Indigenous Status:** X No, Yes Aboriginal, Yes Torres Strait Islander, Yes both Aboriginal and Torres Strait Islander.
- Your Details - Parent or Legal Guardian:** Name: FRANCIS SMITH, Home Address: 187Y EMLEY PARK DRIVE, Suburb: HAMPSHIRE, Postcode: 1500, Mobile Number: 0409666111.
- Consent:** A section with checkboxes for 'I have read and understood the information provided regarding the benefits and possible side effects of the HPV vaccine and dTpa vaccine and now that I can withdraw consent at any time.' and 'I have been provided with a copy of the Privacy Statement and I understand that any and/or my child's personal information (including health information) may be disclosed in certain circumstances as set out in that Statement.' Below this are three numbered points regarding anaphylactic reactions and pregnancy status. A date 'I, on (today's date) 02/10/2018' is written, followed by 'sign below for each vaccine I wish my child to receive.'
- Signatures:** Two signature boxes for the HPV Vaccine and Diphtheria-Tetanus-Pertussis (dTpa) Vaccine, both signed by Francis Smith.

We like to introduce new staff to our school community with a small questionnaire...



Name... **Leanne Woods** (also known as Woodsie)

Position... I'm working in a new role at Toormina High, it is called Student Support Officer.

The high school I attended was...Bulli High School (north of Wollongong).

On weekends I enjoy...laying on the beach, reading a book, bush walking, spending time with family and friends, music festivals...when we could go :( I love...dancing, camping and nature.

I don't like...having to wait in long lines.

When I was a teenager I wish someone had told me....strategies to help with my Attention Deficit Disorder, so I would have done better at school.



Name... **Iganas Gasengayire**

Position... Practicum teacher

The high school I attended was...Orara High School

On weekends I enjoy...going on adventures with friends.

I love...the opportunity of living in Australia.

I don't like...taking things for granted.

When I was a teenager I wish someone had told me....to aim higher.



Name... **Tulsie Carty**

Position... School Administration Officer

The high school I attended was...Nambucca Heads High School

On weekends I enjoy...spending time with my family.

I love...spending time at the beach.

I don't like...eating seafood.

When I was a teenager I wish someone had told me.... to focus on my future and start working ASAP.



Name... **Dumie Brabander**

Position... School Learning and Support officer

The high school I attended was..Enjabulweni High School, Manzini, Eswatini

On weekends I enjoy...walking

I love...food.

I don't like...too much noise.

When I was a teenager I wish someone had told me.... that I'd be living and working in Australia.

### Red Frogs

Last week our year 11 and 12 students participated in a Zoom meeting with the Red Frogs organisation.

The Red Frog programs educate, equip and empower students to confidently make positive life choices and be a voice of change within their culture.

With over 20 years of experiences working with young people, Red Frogs understand the mainstream cultural pressures that students encounter surrounding drugs and alcohol. Their presentations educate students on the choices and challenges they will face in life, helping them to understand the consequences of their actions.

Please ask your student what they learnt and how they feel about Red Frogs.



### Libby the Lamb LOVE



## ME, MY CULTURE AND NSW COMPETITION



Open to all high school students and/or any 12-19-year-old studying or living in NSW.

1st Prize: \$300  
2nd Prize: \$200  
3rd Prize: \$100



A competition celebrating diversity and battling racism.  
**HAVE YOUR VOICE HEARD AND BE PART OF THE CHANGE!**

CATEGORIES:

FILM, PHOTOGRAPHY AND WRITING

ALL ENTRIES MUST BE SUBMITTED BY

3RD OF OCTOBER 2020, 11:59 PM (AEST)



FOR MORE INFORMATION VISIT:  
[OURWOKE.COM](http://OURWOKE.COM)



# NEWS LETTER

Safe Respectful Learners

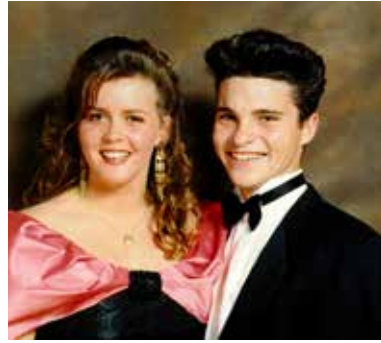
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## Toormina High School turns 40!

We are posting photos from the archives on our Toormina High School Facebook page to celebrate 40 years of public education! Please like and share with our community!

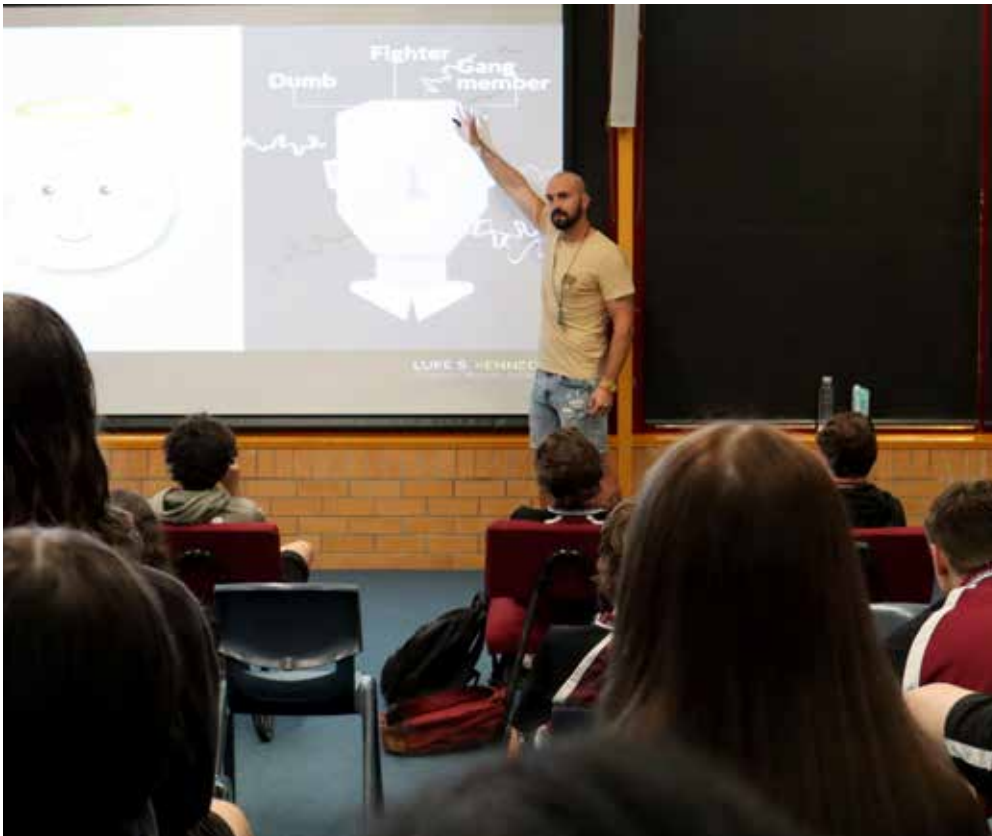
We hope to hold an 'open' afternoon at school later in the year for our school community and former staff and students, we will keep you posted!





## Work team

This group of Support Unit students collect scraps from each staffroom for the vegetable garden compost, pick up recycling and deliver paper for the photocopiers. Work skills, cooperation and team work are just some of the outcomes for this efficient, enthusiastic team thank you!



## Luke Kennedy

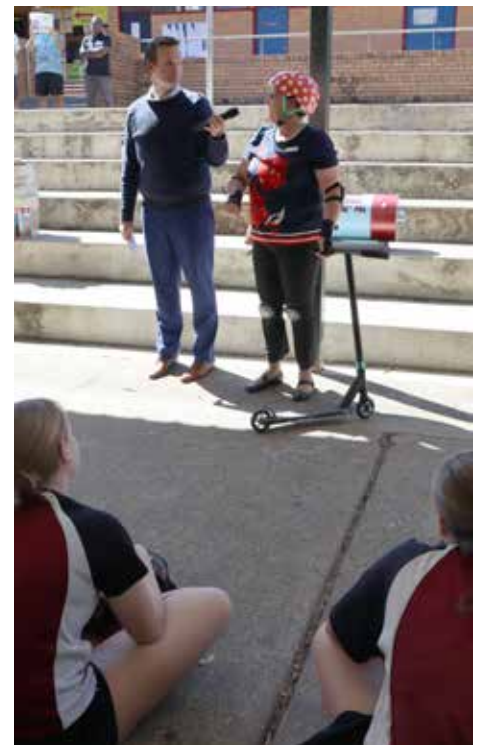
We recently had motivational speaker, Luke Kennedy, talk to students in Year 7 – 10. Luke uses his own experiences to motivate and encourage students. His message is about being your trueself, to stop worrying about what other people think and to use small changes, everyday, to enable happiness, success and achievement of your goals. Please ask your student about this presentation and continue the conversation. What a great opportunity this was for our school, thanks Luke! Following an amazing motivational presentation, Luke Kennedy kindly donated his memoir to our library.

### Pasta La Vista

Students in year 9/10 Technology Food are currently studying the Food Service and Catering Industry and its importance. These establishments provide people with both food and employment and contribute to the Australian economy. There are a range of food service and catering ventures in Australia that operate across a variety of settings and provide a range of employment opportunities.

Students plan and prepare safe and appealing foods appropriate for catering for small or large-scale functions. Pasta is a popular restaurant item and students were given the opportunity to make their own pasta and create a restaurant quality dish from beginning to end. Students enjoy these challenges and it provides them with real world experiences.

**Melanie Sharkey, TAS Teacher**



### Safe, Respectful Learners

Deputy principal Melanie Murray skated into last week's assembly demonstrating the safe way to ride a scooter!

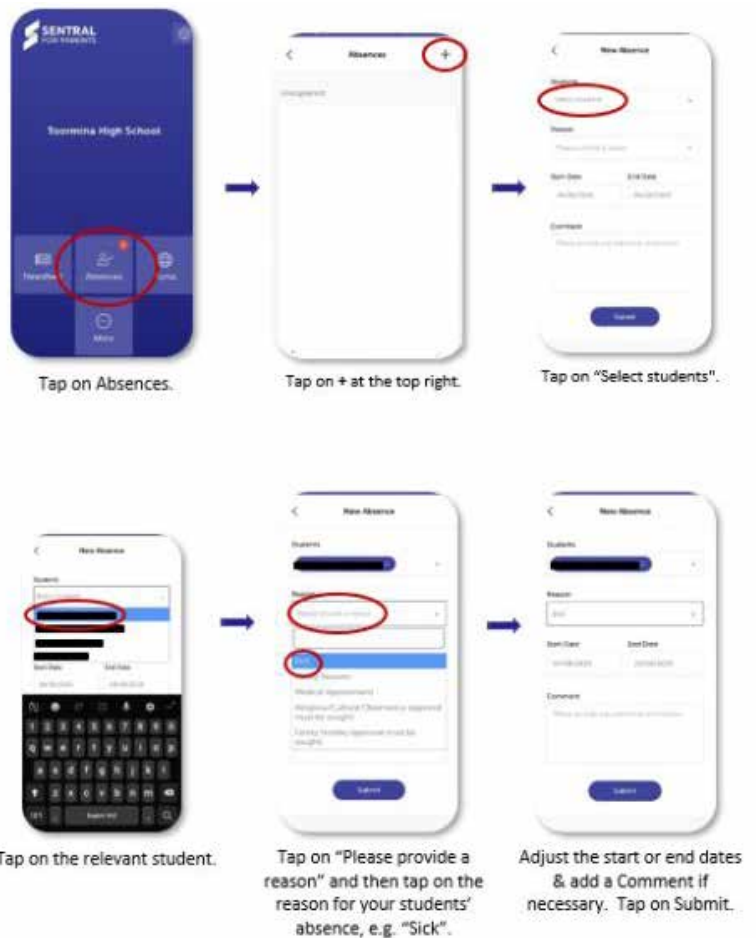
### Sentral Parent Portal

Did you know that you can easily report your child's absence through the Parent Portal app with a few clicks? Just follow these steps.

See pic attached

Since launching the Parent Portal 2 weeks ago, we have had over 100 families register for the Parent Portal so far. We encourage all parents to setup & utilise the Parent Portal app. The instructions are on the Toormina High School website under Links – Parent Portal Registration Instructions.

If you did not receive your letter with an Access Key in the mail over the past couple of weeks, please contact the school & ask for an Access Key for the Parent Portal. For security reasons, the Access Key can only be used once. If an additional Access Key is required, you can request another one from the school for other parents/carers.




**USC** **HEADSTART INFORMATION EVENING** **ONLINE**

Study uni subjects in Year 11 and 12

**▶ REGISTER NOW**

Thursday 17 September via Zoom, 5.30-6.30pm

[usc.edu.au/headstart-info-evening](http://usc.edu.au/headstart-info-evening)

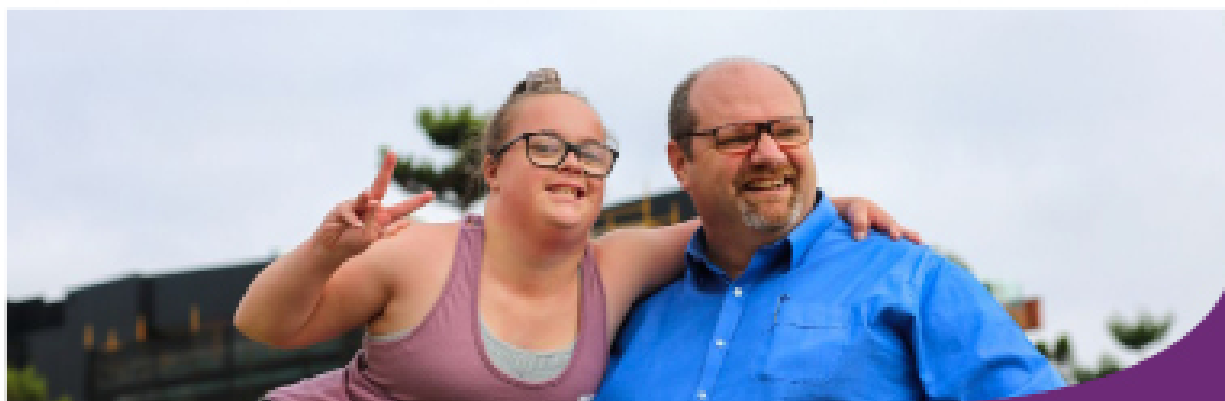


**Future Choices Virtual Transition Expo**  
for Students with Disability

**9th September 2020** 9-5pm

Presented by **careerlinks** young people, bright futures and **NDCO** National Disability Coordination Officer Program

Regional NSW & ACT



## NSW School Leaver Information Session

### Supporting your pathway to post-school life

The National Disability Insurance Agency would like to invite school leavers and their families to attend a virtual information session.

This session will provide an opportunity to hear about supports available through the NDIS to support transition to post-school life and employment. Learn how to prepare for a conversation about your goals and things to consider when choosing the right provider for you.

This session is offered over multiple dates to allow flexibility for attendees. Each session will cover the same content, and will have a maximum capacity of 300 attendees. Sessions will be held via video-conference using Microsoft Teams. Details on how to log into the session will be forwarded to attendees two days prior to the session. If you would like to attend please register via Eventbrite.

For any enquiries regarding this session, please contact [events@ndis.gov.au](mailto:events@ndis.gov.au). Please include the session name in the subject line.

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**Where:** Virtual Information Sessions via Microsoft Teams

**Dates & Times:**

Thursday 3 September 2020	5.00pm – 6.30pm (AEST)
Monday 7 September 2020	5.00pm – 6.30pm (AEST)
Thursday 10 September 2020	5.00pm – 6.30pm (AEST)
Wednesday 16 September 2020	5.00pm – 6.30pm (AEST)

**RSVP:** Please register via Eventbrite at <https://www.eventbrite.com.au/e/nsw-school-leaver-information-session-tickets-117609680721>

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**Additional information:** Accessibility is important to us. If you have any accessibility, interpreter, live captioning or other requirements, please advise when registering. Please note - we need a minimum of five (5) business days' notice to book Auslan interpreters.



## Sport

Covid-19 restrictions for NSW schools means that our weekly sport periods at Toormina High School have had to be integrated into our regular timetable. Sport has been divided into year groups to comply with the new guidelines which has meant that each year group has their sport periods allocated on a different day of the week instead of the whole school on Wednesday afternoons. Photo above shows year 8 being organised for their sport periods.



COFFS HARBOUR  
**TRY LEAGUE**  
FOR STUDENTS IN YEARS 7 & 8



**COME AND JOIN US**

in an 8-week program learning Rugby League skills and a game of Monarch Blues Tag

WEDNESDAYS 4.30PM - 5.30PM  
14 October - 2 December  
Reg Ryan Oval, Coffs Harbour

For more information or to register, please contact: Zoe Hamilton 0424 430 424 or [zhamilton@nswrl.com.au](mailto:zhamilton@nswrl.com.au)

[nswrl.com.au](http://nswrl.com.au)



Students in Room 21 in the Support Unit marking the roll with Mrs Lawrence.